

Design & Sew Clothes You Love That Fit.



Gina Renee

This free
Pants Fitting Guide
was the basis for the
pants fitting chapter in:

The FITTING BOOK



Getting that **perfect fit** in pants is a complex challenge, and I'm so happy you're up for it! Every body type is different, and I can guarantee that yours is **absolutely perfect!** It's who you are, and **you deserve to have clothes that fit** well and feel good.

The information in this guide **served as the basis** for the more comprehensive pants-fitting chapter in *The Fitting Book*. After **dozens of fitting videos that I created went viral**, I knew I had to share the information with more people. The more comprehensive pants chapter in *The Fitting Book* also includes **QR codes to all the videos** I created that led me on this journey to write the book.

There are nearly **100 videos linked** through *The Fitting Book* to help you, **in case you are a visual learner**. You can find buying options through the QR code below or click on this page.

Ready-to-wear caters to a mass customer base with average measurements. I don't know about you, but **my measurements are not "the average."** :) The **best part of sewing** is that we can **learn to make clothes that fit** well, feel great, and truly represent who we are.

It can take years to **master fitting**, and even then, with fabrics and silhouettes constantly changing, we are still learning. It's a challenge that will remain as long as fashion matters to us. But hopefully, with this guide and *The Fitting Book*, it **won't take as long for you to learn how to fit clothes!** That's why I wrote the book, so that **your journey can be easier than mine was.** :)

I've created this tutorial to help address the **most common pants-fitting mistakes** I've encountered in my **20 years working for multi-million dollar** clothing companies. I've used all of these corrections many, many times! They work.

Tens of thousands of people have ordered *The Fitting Book*, and I love how **so many people want to continually learn, just like you.**

I'm so excited to help you on *your* sewing and pattern journey!

If you do not own *The Fitting Book* yet, scan this QR code with your smart phone camera **or click it** for buying options. It's a **resource** you'll use for **years to come!** >>





Table of Contents

TOPIC	PAGE(S)
THE DIFFERENCE BETWEEN FITS.....	3
UNBALANCED PATTERN.....	4-7
FRONT RISE ISSUES:	
ACCEPTABLE FRONT RISE CREASES.....	8
1, 2, 3) FRONT RISE WHISKERS.....	9-16
4) EXCESS AT THE FRONT RISE CURVE.....	17-18
5) CAMEL TOE AT THE FRONT RISE.....	19-20
BACK DRAG LINE/ CREASE ISSUES:	
ACCEPTABLE BACK DRAG LINES/CREASES.....	21-22
6) THOSE DREADED BACK DRAG LINES.....	23-26
7) THOSE EXCESSIVE AND DEEP BACK DRAG LINES.....	27-29
8) GAPING AT THE BACK WAIST.....	30-33
9) LARGE CALF ADJUSTMENT.....	34-37
10) ELIMINATING THE WINGED LEG LOOK.....	38-40

DO
WHAT
-YOU-
LOVE

I know the All-caps font in this free guide is not ideal for some people. If you would like an easier font to read, *The Fitting Book* is much easier and uses the font in this sentence! Sorry, I only learned more about font usage as I was going through edit rounds for the book.

The Difference between Trousers, Slacks and

WOMEN'S WEAR

THIS SHOWS THE HISTORICAL WAY OF NAMING PANTS. NOWADAYS, THE NAMING OF PANTS AND THE VARIOUS FITS HAVE BECOME INTERCHANGEABLE BETWEEN SLACKS AND TROUSERS. THE IMAGES ARE ONLY FOR REFERENCE IN UNDERSTANDING THE DIFFERENCES OF FITS.



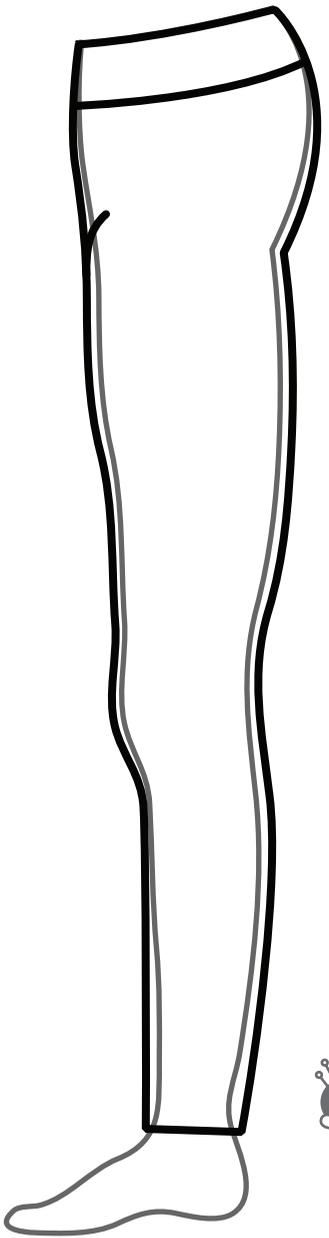
TROUSERS

(RISE SITS ABOUT 3/4" - 1 1/4" BELOW THE CROTCH POINT. THE BACK LOWER BUM AREA IS NOT "CUPPED" BY THE FABRIC AND THE THIGH IS NOT FITTED.)



SLACKS

(RISE SITS ABOUT 1/2" - 1" BELOW THE CROTCH POINT. THE BACK LOWER BUM AREA IS SLIGHTLY "CUPPED" BY THE FABRIC AND THE THIGH IS SLIGHTLY FITTED.)



JEANS

(RISE SITS ABOUT 1/4" - 1/2" BELOW THE CROTCH POINT. LEG SILHOUETTE CAN VARY. THE BACK LOWER BUM AREA "CUPPED" BY THE FABRIC AND THE THIGH IS GENERALLY FITTED.)

Unbalanced Pattern



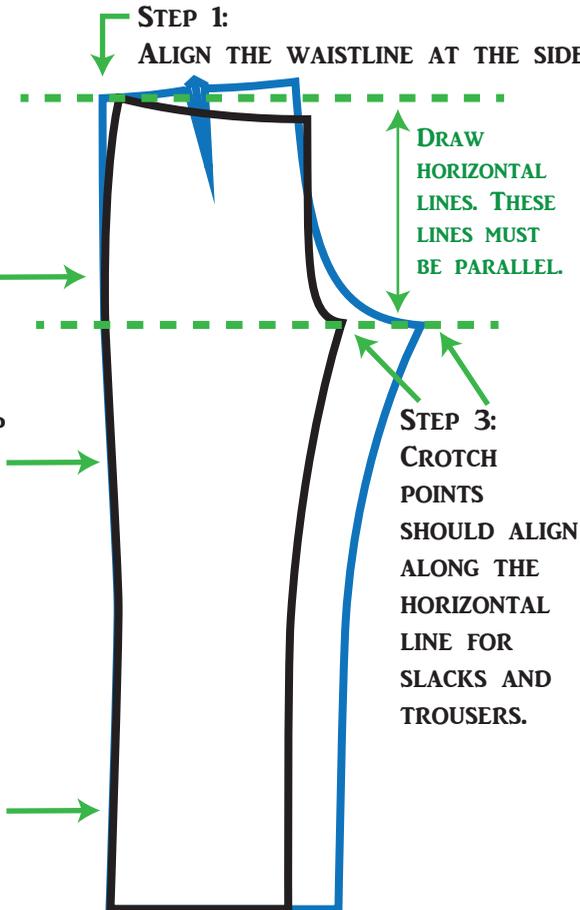
A) IDENTIFY THE ISSUE (PART 1)

Good news: Gina Renee Designs patterns are

YOU CAN SKIP THE STEPS ABOUT BALANCING A PATTERN IF YOU'RE USING A GINA RENEE PATTERN :)

WE FIRST NEED TO MAKE SURE OUR PATTERNS ARE 100% BALANCED. THIS IS VERY IMPORTANT, IN ORDER TO GET A NICE FIT AND FEELING. HERE IS A QUICK CHECK TO SEE IF YOUR PATTERNS ARE BALANCED.

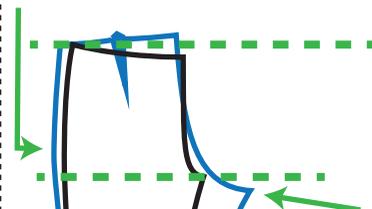
LAY THE FRONT LEG ON TOP OF THE BACK LEG. I LIKE TO WORK WITH THE WEARER'S RIGHT FRONT LEG AND WEARER'S BACK LEFT LEG, SO I CAN EASILY SEE THE ALIGNMENT.



SLACKS & TROUSERS

EXCEPTIONS TO THE RULE FOR SKINNY/TIGHT JEANS:

ON A SKINNY/TIGHT JEAN, THE BACK LEG PANEL CAN BE SLIGHTLY BIGGER AT THE HIP.



THE BACK RISE CROTCH POINT CAN BE MAXIMUM 1" (2CM) LOWER FOR TIGHT FITTING PANTS SUCH AS JEANS. BUT I STILL TRY TO GET AS SMALL OF A DIFFERENCE HERE AS POSSIBLE.

SKINNY/TIGHT JEAN

IF YOUR PANTS DO NOT ALIGN TO THE RULES ABOVE, SEE THE NEXT PAGE TO AMMEND THE PATTERN.

Unbalanced Pattern

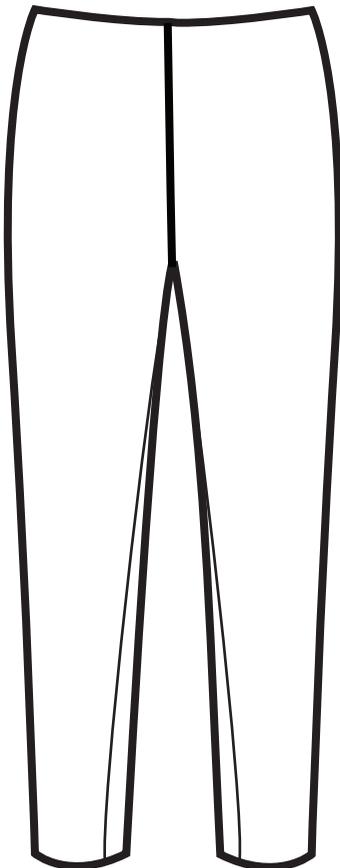
A) IDENTIFY THE ISSUE (PART 2)



YOU CAN SKIP THIS STEP ABOUT BALANCING A PATTERN IF YOU'RE USING A GINA RENEE PATTERN :)

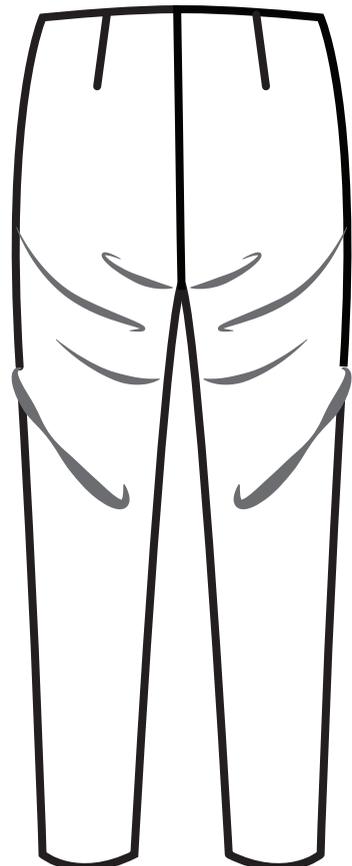
THESE IMAGES SHOW THE MOST COMMON SYMPTOMS WHEN THE PATTERN IS NOT BALANCED. IF YOUR SAMPLE HAS THESE ISSUES WHEN SEWN UP, MAKE SURE YOU DOUBLE CHECK THE BALANCE! (I ALWAYS CHECK THE BALANCE ON PATTERNS AS A FIRST STEP.)

FRONT VIEW,
INSEAM TWISTING
TOWARDS FRONT:



AND/ OR:
==

BACK VIEW,
EXCESSIVE DIAGONAL
DRAG LINES:



NOTE

THESE ARE JUST SOME POSSIBLE SYMPTOMS OF AN UNBALANCED PATTERN.

Unbalanced Pattern

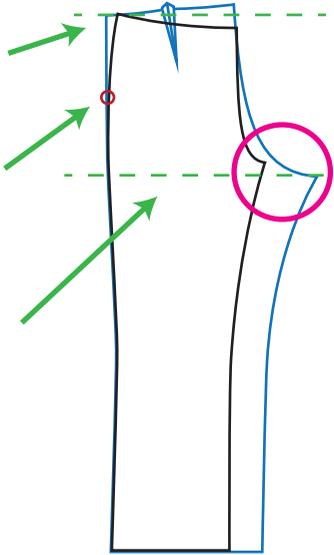
B) CORRECTING THE PATTERN - MAKING IT BALANCED (PART 1)

SLACKS AND TROUSERS

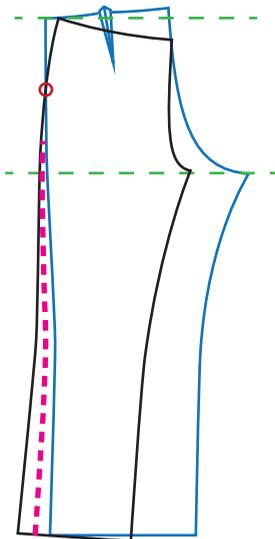
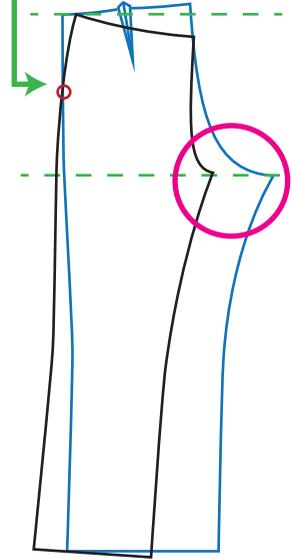
YOU CAN SKIP THESE STEPS ABOUT BALANCING A PATTERN IF YOU'RE USING A GINA RENEE PATTERN :)

IF THE BACK RISE CROTCH POINT IS TOO LOW:

STEP 1:
ALIGN THE WAISTLINE AT THE SIDE SEAMS.
PLACE A PIN THROUGH THE FRONT LEG PANEL AT THE SIDE SEAM HIP AS A PIVOT POINT.
DRAW HORIZONTAL LINES ALONG THE TOP OF THE WAIST AND THE BACK CROTCH POINT.

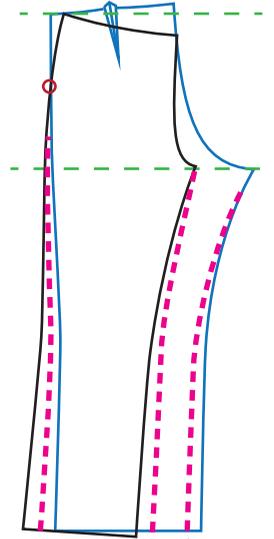


STEP 2: PIVOT THE FRONT PANEL HERE UNTIL THE RISE CROTCH POINTS ALIGN ALONG THE HORIZONTAL LINE..



STEP 3: TAKE THE HALF WAY DISTANCE BETWEEN THE FRONT AND BACK SIDE SEAMS TO OBTAIN THE NEW SIDE SEAM. THIS LINE WILL BE THE NEW FRONT AND BACK PANEL SIDE SEAM (AS THE RULE GOES, IT MUST BE MIRRORED!)

STEP 4: HOWEVER MUCH YOU TOOK FROM THE SIDE SEAM ON THE FRONT, GIVE IT TO THE FRONT PANEL AT THE INSEAM.



STEP 5: HOWEVER MUCH YOU ADDED TO THE SIDE SEAM ON THE BACK, TAKE IT FROM THE BACK PANEL AT THE INSEAM.

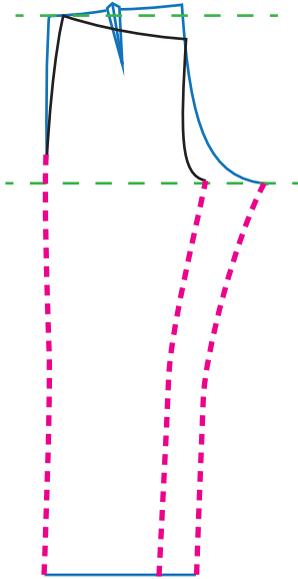
Unbalanced Pattern

B) CORRECTING THE PATTERN - MAKING IT BALANCED (PART 2)

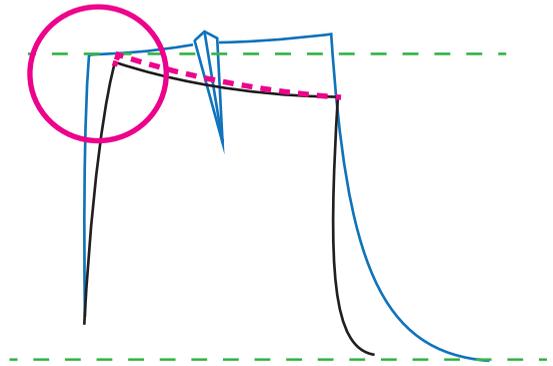
SLACKS AND TROUSERS

YOU CAN SKIP THESE STEPS ABOUT BALANCING A PATTERN IF YOU'RE USING A GINA RENEE PATTERN :)

STEP 6: YOUR NEWLY DRAWN LINES WILL BE THE NEW LEG PANEL LINES.



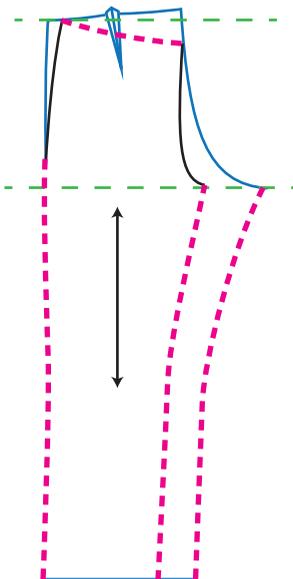
STEP 7: MAKE SURE THE SIDE SEAM AT THE WAISTLINE IS ALIGNED ALONG A STRAIGHT LINE. IF THEY ARE NOT, ADJUST AS NEEDED TO MAKE SURE THEY ARE.



THE FINAL OUTCOME WILL LOOK SOMETHING LIKE THIS.

MAKE SURE TO MEASURE THE INSEAMS TO BE SURE THEY ARE THE SAME LENGTH FROM THE FRONT TO BACK PANEL. ADJUST IF NEEDED AT THE HEM TO GET THE SAME INSEAM LENGTH.

NOTE, IF THE PATTERN IS NOT BALANCED, THIS IS AN INDICATION THAT THERE MAY BE OTHER ISSUES WITH THE PATTERN. SEE COMMON FITTING MISTAKES IF YOU HAVE STRANGE DRAG LINES.



*Measure
Twice,
Cut Once*

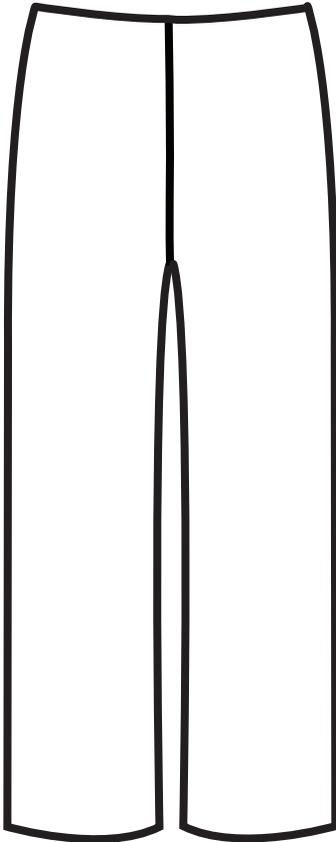
UPDATE THE FRONT GRAINLINE TO MATCH THE BACK GRAINLINE.

Acceptable Front Crease Lines Trousers, Slacks and Jeans.



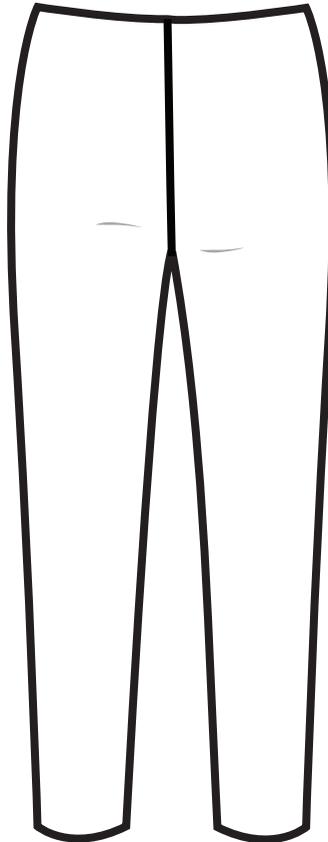
WE STRIVE TO HAVE MINIMAL DRAG LINES IN THE FRONT VIEW,
BUT DEPENDING ON BODY TYPES, THERE MAY BE SOME IN THE FRONT RISE CURVE.

FRONT VIEWS:



TROUSERS

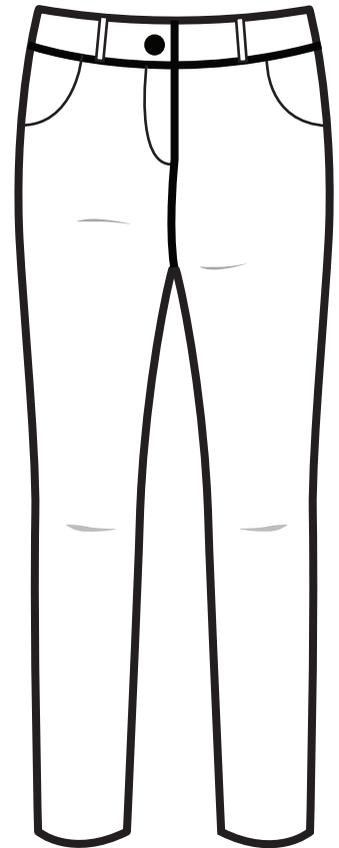
WE SHOULD STRIVE TO HAVE NO
CREASE LINES IN THE FRONT RISE.
IT MEANS, THE FABRIC SHOULD BE
ABLE TO DRAPE NICELY ALL THE
WAY DOWN TO THE HEM.



SLACKS

WE STRIVE TO HAVE NO DRAGLINES IN THE FRONT RISE. SOME FABRICS,
HOWEVER MAY CAUSE A FEW CREASES IN THE FRONT CURVE OF THE RISE. IN
CASE THERE ARE CREASES IN WHICH YOU'RE NOT HAPPY WITH, YOU CAN SEE
THE FOLLOWING PAGES TO TRY AND IMPROVE THE PATTERN TO FIT YOUR-
BODY TYPE BETTER.

SOME FITS, FABRICS OR BODY SHAPES JUST CAN'T AVOID ALL CREASES OR
DRAG LINES.

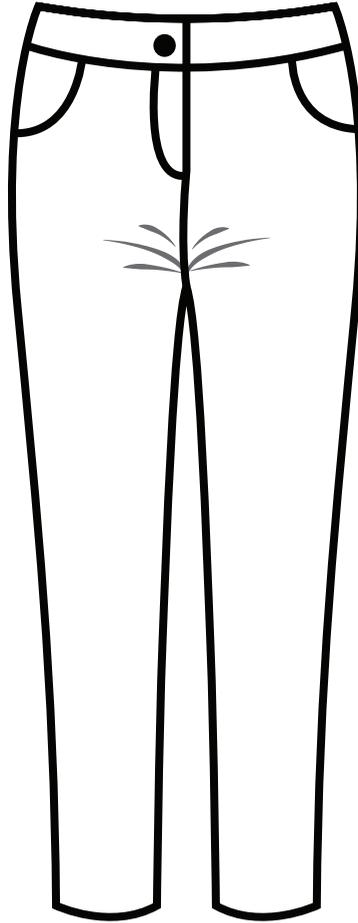


JEANS

NOTE, I PREFER BASE PATTERNS WITHOUT FRONT DARTS AT THE WAIST. THIS TUTORIAL
SHOWS THE FRONT VIEWS WITHOUT DARTS. SOME PEOPLE PREFER HAVING THE DART.

1, 2, 3) Front whiskers at front rise curve

A) IDENTIFY THE ISSUE



Whiskers are
for Cats



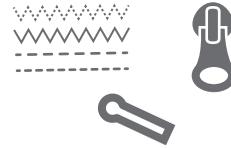
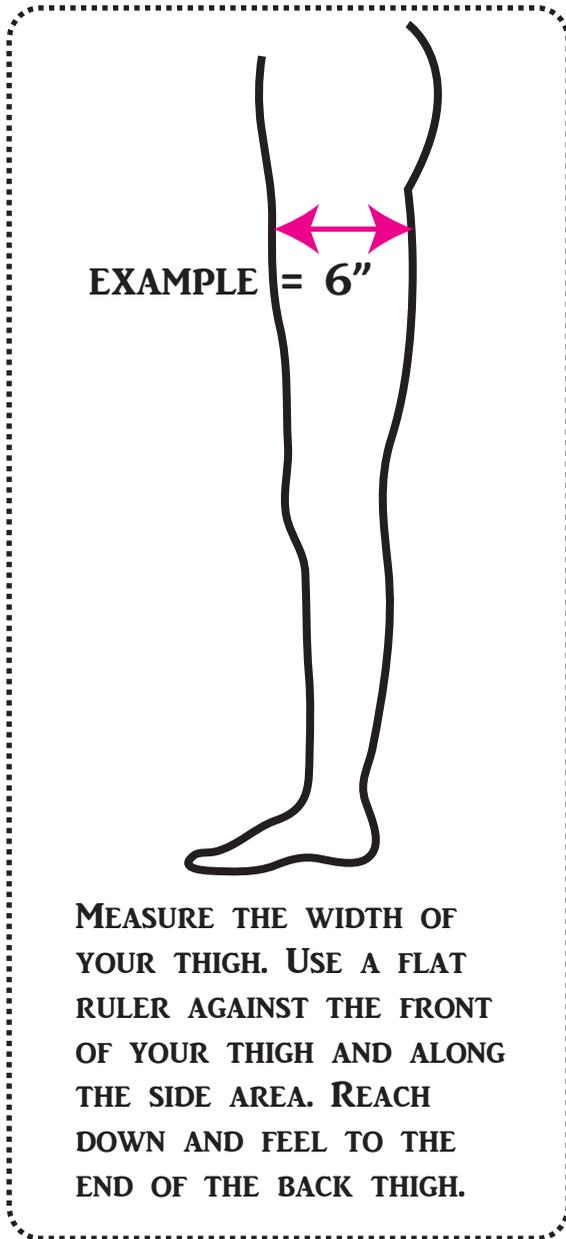
THERE ARE THREE SUGGESTED CORRECTIONS FOR THIS ISSUE. IF YOUR PATTERN IS NOT A GINA RENEE SEWING PATTERN, START WITH STEP 3 FIRST:

- 1) CHECK THE THIGH WIDTH TO THE RISE CURVE WIDTH PAGES 10-11
 - 2) ADJUST THE FRONT RISE CURVE PAGES 12-13
 - 3) ADJUST THE FRONT RISE TO BE LESS SLANTED PAGES 14-16
- (GINA RENEE PATTERNS WILL NOT NEED THE 3RD CORRECTION, BUT SOME BODY TYPES MAY NEED AN ADJUSTMENT.)

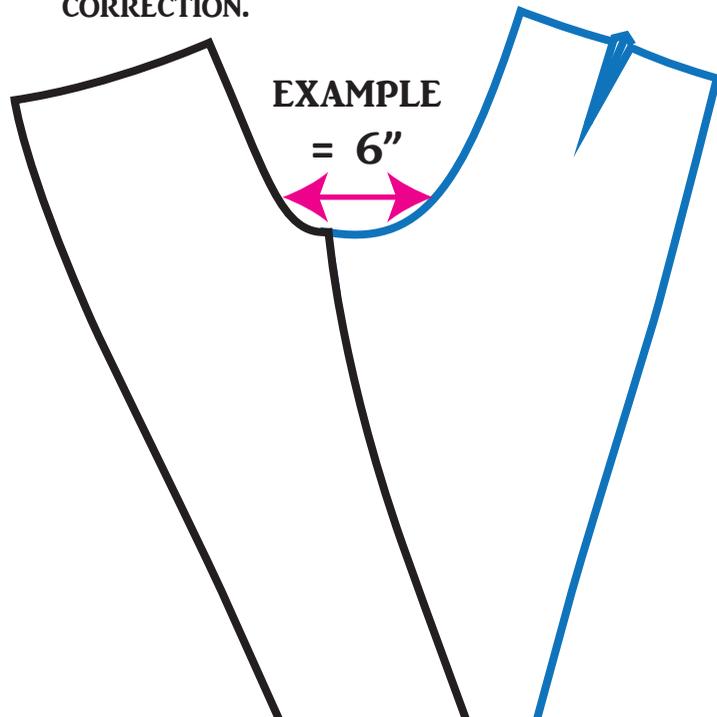
1) Front whiskers at front rise curve

B) FINDING THE PROBLEM

CROSS CHECK THE WIDTH OF YOUR THIGH TO THE WIDTH OF THE RISE CURVES ON THE PATTERN.



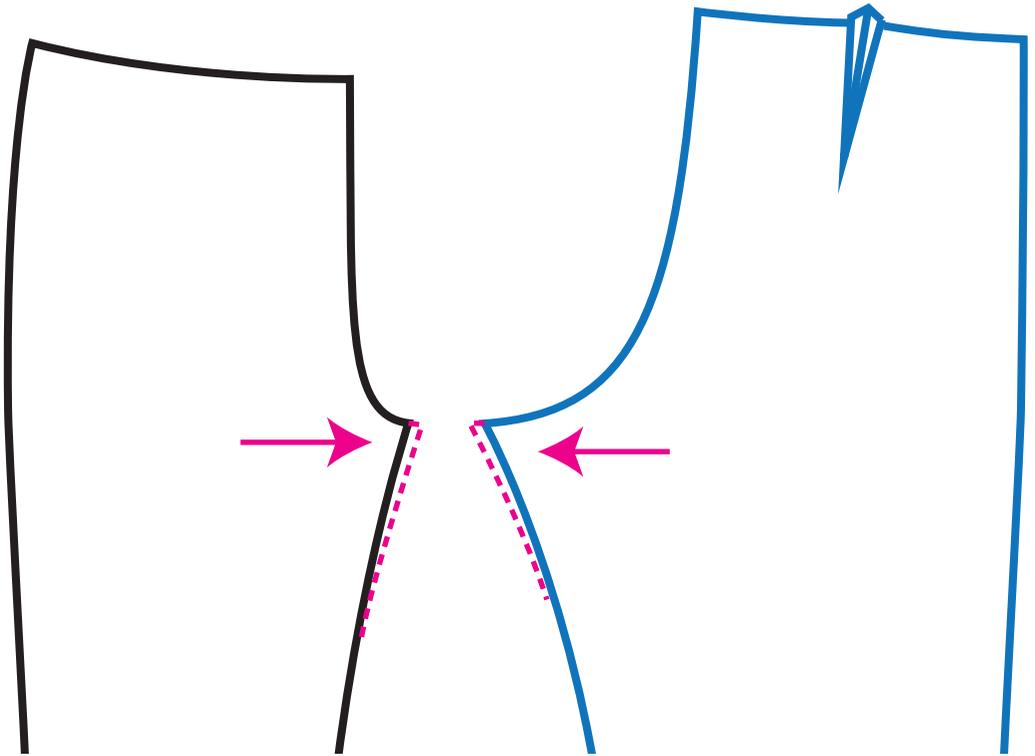
ON THE PATTERN: PLACE THE FRONT AND BACK INSEAM TOGETHER AT THE RISE POINT. STARTING RIGHT BEFORE THE CURVE REALLY CURVES ON THE FRONT/BACK RISE, MEASURE THE DISTANCE. THIS MEASUREMENT SHOULD BE THE WIDTH OF YOUR THIGH OR MORE. IF IT'S NOT, SEE THE NEXT PAGE FOR THE CORRECTION.



1) Front whiskers at front rise curve

C) CORRECTING THE PATTERN

CORRECTING THE PATTERN WHEN THE MEASUREMENT IS LESS THAN YOUR THIGH MEASUREMENT: ADD TO THE INSEAM TO MAKE IT THE MINIMUM WIDTH OF YOUR THIGH. IF YOU HAVE NON-STRETCH FABRICS, YOU MAY NEED TO ADD EXTRA FOR EASE HERE.



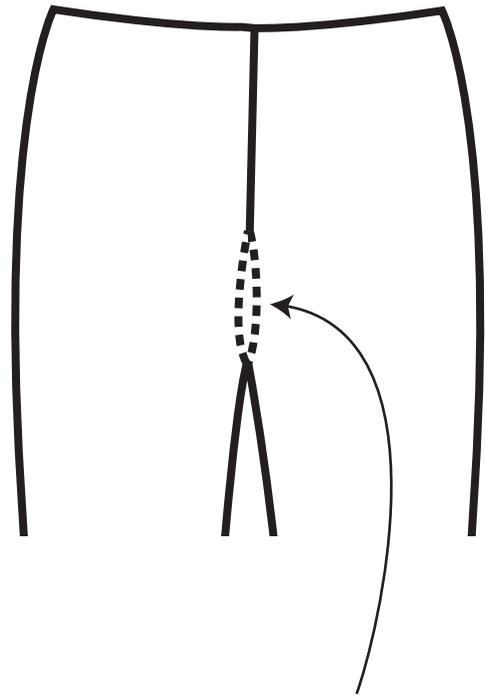
2) Front whiskers at front rise curve

B) CUTTING/OPENING THE PROBLEM AREA

IF THE PREVIOUS CORRECTION WAS NOT NEEDED OR DID NOT HELP, THEN TRY THIS CORRECTION FOR ELIMINATING THE FRONT WHISKERS.

FRONT VIEW OF MUSLIN/ TOILLE:

REMOVE THE STITCHES ALONG THE FRONT RISE CURVE ON THE SAMPLE/ MUSLIN/ TOILLE YOU'VE SEWN. IF THIS RELAXES THE WHISKERS, YOU'VE FOUND THE PROBLEM. FOLLOW THE NEXT PAGE FOR THE PATTERN CORRECTION.

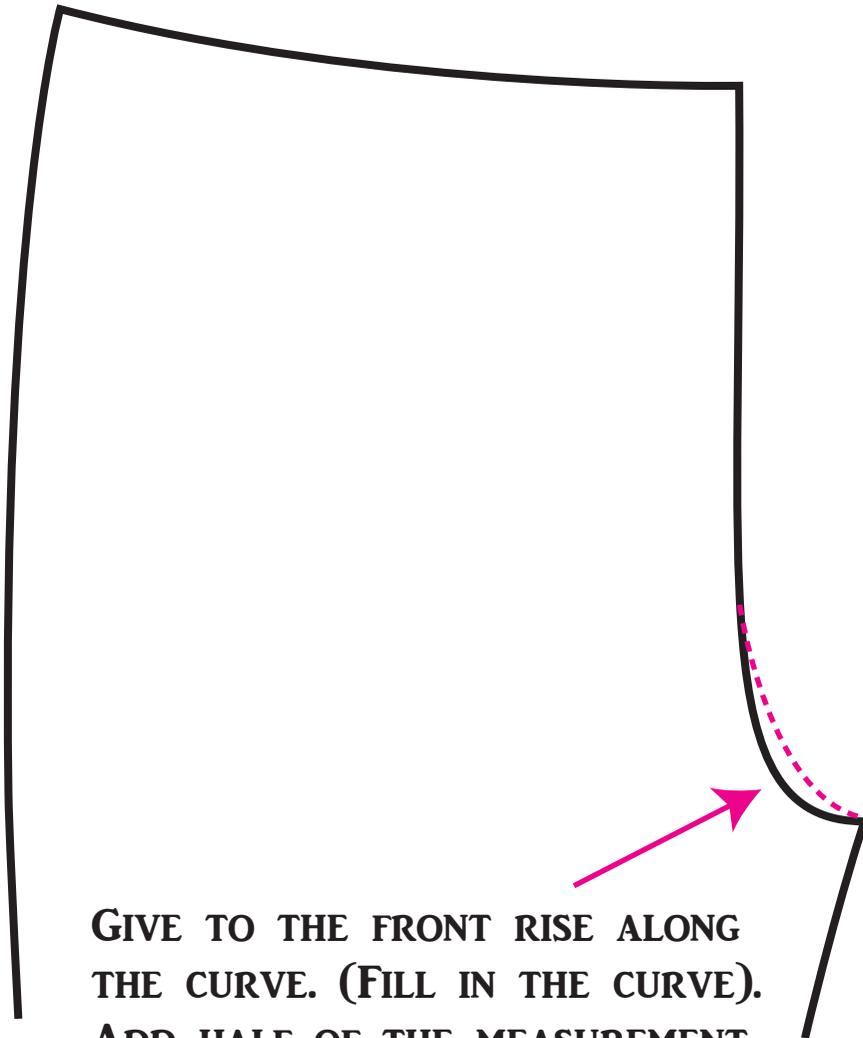


MEASURE THE DISTANCE YOU'VE OPENED.

2) Front whiskers at front rise curve

C) CORRECTING THE PATTERN

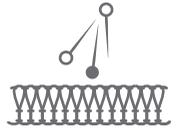
ADJUST THE FRONT RISE CURVE ON THE PATTERN.



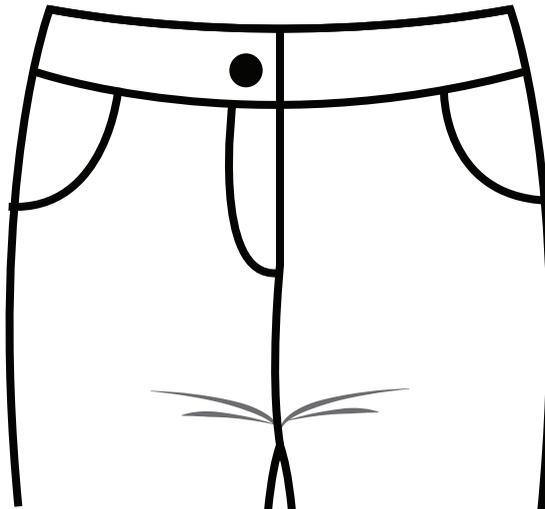
GIVE TO THE FRONT RISE ALONG THE CURVE. (FILL IN THE CURVE). ADD HALF OF THE MEASUREMENT YOU'VE OPENED ON THE PREVIOUS PAGE. (YOU ADD HALF THE MEASUREMENT BECAUSE THERE IS A LEFT/RIGHT SIDE.)

3) Front whiskers or Bulging at front rise curve

A) IDENTIFY THE ISSUE



ADJUST THE FRONT RISE TO BE LESS SLANTED (GINA RENEE PATTERNS LIKELY WILL NOT NEED THIS CORRECTION, BUT SOME BODY TYPES MAY NEED AN ADJUSTMENT.)



3) Front whiskers or Bulging at front rise curve

B) CUTTING/OPENING THE PROBLEM AREA

Sewing
mends the
Soul

OPEN THE FRONT FLY ON YOUR PANTS OR CUT OPEN YOUR MUSLIN/TOILLE.

IF IT AUTOMATICALLY RELAXES WHEN YOU OPEN IT AT THE CENTER FRONT, THE NEXT PAGE OF CORRECTIONS NEEDS TO BE MADE.

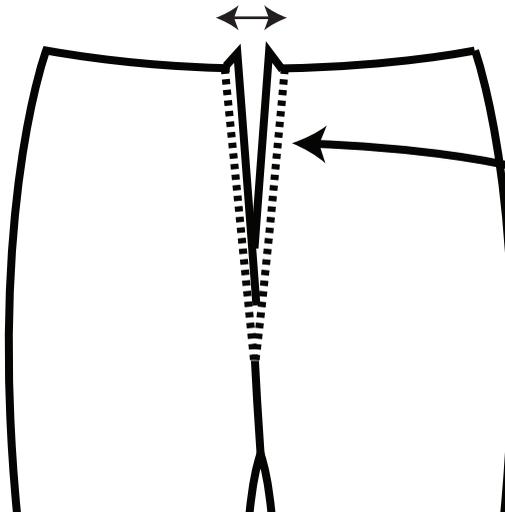
(GINA RENEE PATTERNS GENERALLY WON'T NEED THIS CORRECTION.)



IN CASE YOU'VE ALREADY SEWN A FULL PAIR OF PANTS, YOU CAN UNZIP THE CENTER FRONT FLY AND SEE HOW MUCH TO OPEN IT.

MEASURE THE DISTANCE

IF YOU'VE SEWN A MUSLIN/TOILLE, YOU CAN UNPICK YOUR STITCHES AT THE CF.



OPEN CENTER FRONT AS MUCH AS NEEDED TO RELAX THE FRONT RISE.

3) Front whiskers or Bulging at front rise curve

C) CORRECTING THE PATTERN



**ADJUST THE FRONT RISE TO BE LESS SLANTED
(GINA RENEE PATTERNS WILL NOT NEED THIS CORRECTION, BUT
SOME BODY TYPES MAY NEED AN ADJUSTMENT HERE.)**

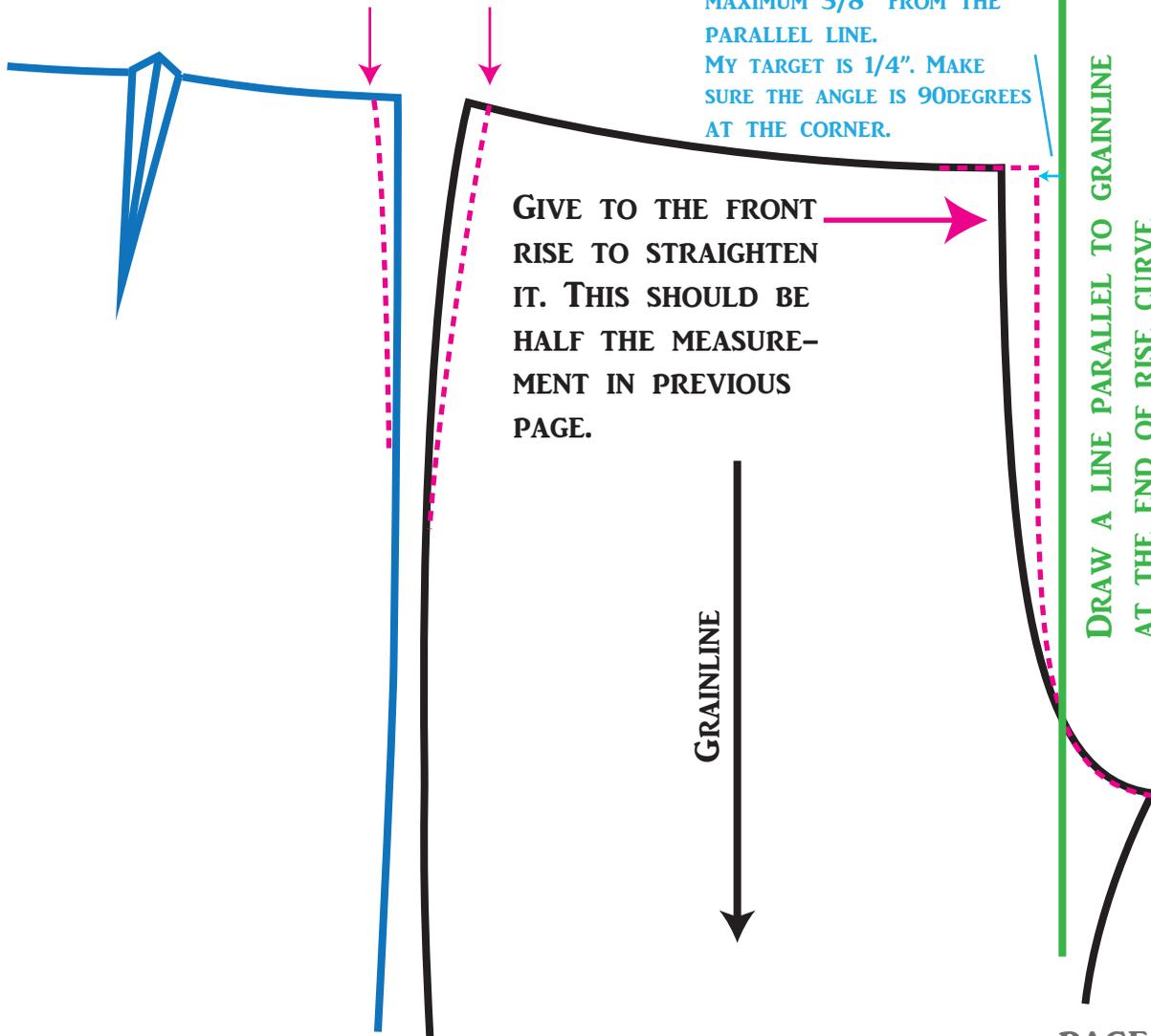
HOWEVER MUCH YOU ADD TO THE FRONT RISE, TAKE OFF HALF IN THE FRONT AND HALF IN THE BACK ON THE SIDE SEAMS.

I FIND THE RISE SHOULD BE MAXIMUM 3/8" FROM THE PARALLEL LINE.
MY TARGET IS 1/4". MAKE SURE THE ANGLE IS 90DEGREES AT THE CORNER.

GIVE TO THE FRONT RISE TO STRAIGHTEN IT. THIS SHOULD BE HALF THE MEASUREMENT IN PREVIOUS PAGE.

DRAW A LINE PARALLEL TO GRAINLINE AT THE END OF RISE CURVE

GRAINLINE



4) A&B

Excess at front rise curve

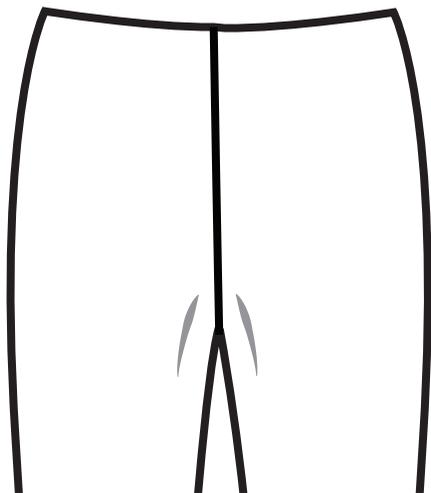


A) IDENTIFY THE ISSUE

WHEN YOUR DRAG LINES LOOK LIKE THIS IMAGE, CHECK THE THIGH WIDTH TO RISE CURVE WIDTH (AS IN PAGE 10).

THIS CAN HAPPEN WHEN THE PATTERN DISTANCE BETWEEN CURVES ARE MUCH BIGGER THAN THE THIGH WIDTH.

FRONT VIEW OF
MUSLIN/ TOILLE:

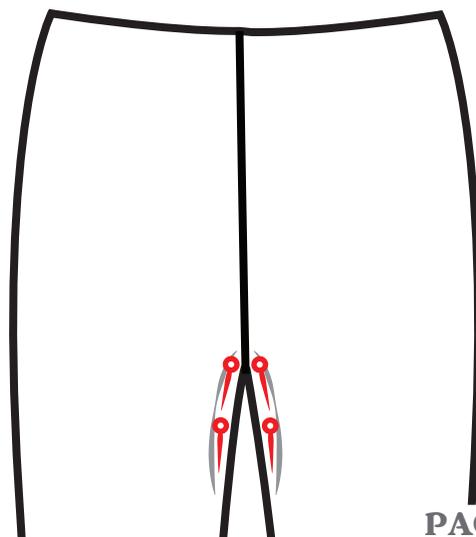


FRONT VIEW OF
ALREADY SEWN
PANTS:



B) PINNING THE PROBLEM

PIN THE INSEAM ON THE SAMPLE/ MUSLIN/ TOILLE YOU'VE SEWN. YOU MAY CHOOSE TO PIN THE FRONT AND BACK TOGETHER OR SEPARATELY. TRY DIFFERENT OPTIONS FOR PINNING.



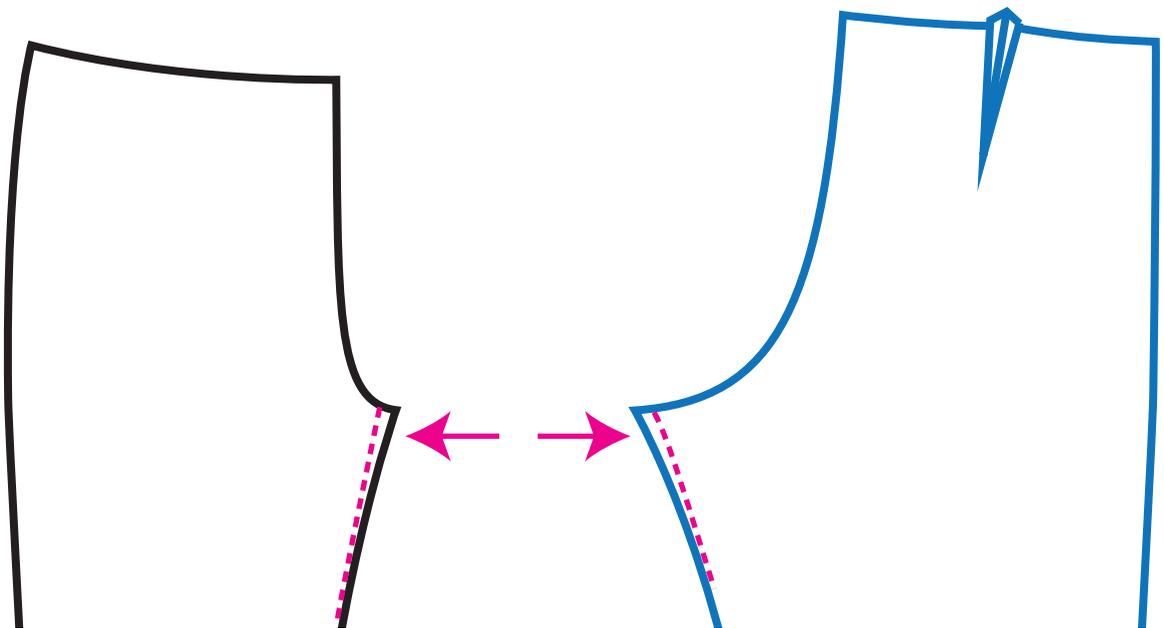
4) Excess at front rise curve

C) CORRECTING THE PATTERN



REDUCE AT THE INSEAM TO MAKE THE DISTANCE OF THE CROTCH CURVES THE WIDTH OF YOUR THIGH.

**IF YOU HAVE NON-STRETCH FABRICS,
YOU MAY NEED TO ADD ALLOW FOR EASE HERE.**



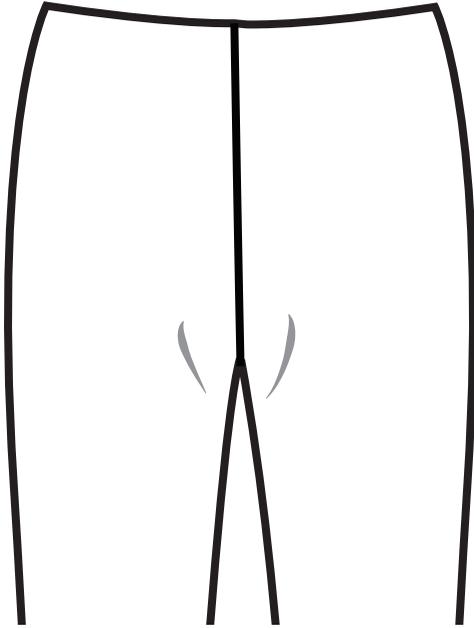
**IF YOU'VE PINNED ONLY ON THE
FRONT OR THE BACK INSEAMS,
ADJUST THE PATTERN FOR ONLY THE
PANEL YOU'VE PINNED. IF YOU'VE
PINNED BOTH, THEN ADJUST EVENLY
ON EACH.**

5) Camel Toe at the front rise



A) IDENTIFY THE ISSUE

FRONT VIEW OF
MUSLIN/ TOILLE:



FRONT VIEW OF
ALREADY SEWN
PANTS:



B) PINNING THE PROBLEM

THIS CAN BE TRICKY! USE A SAFETY PIN HERE: PIN ALONG THE FRONT RISE CURVE ON THE SAMPLE/ MUSLIN/ TOILLE. YOU WILL PULL THE FABRIC UNTIL YOUR DRAGLINES ARE REMOVED.

IN SOME CASES, YOU MAY NEED TO CUT THE FABRIC TO GET THE RIGHT AMOUNT PULLED AWAY.



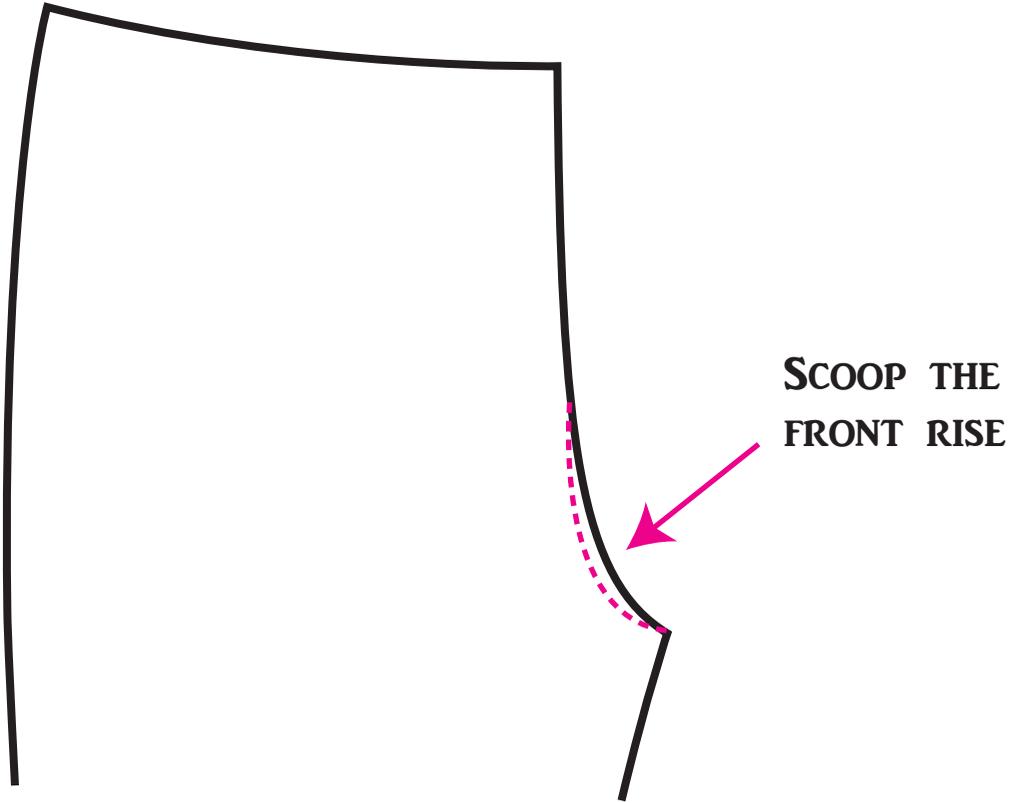
5)

Camel Toe at the front rise

C) CORRECTING THE PATTERN



ADJUST THE FRONT RISE CURVE.



Acceptable Back Drag Lines/Creases Trousers, Slacks and Jeans.

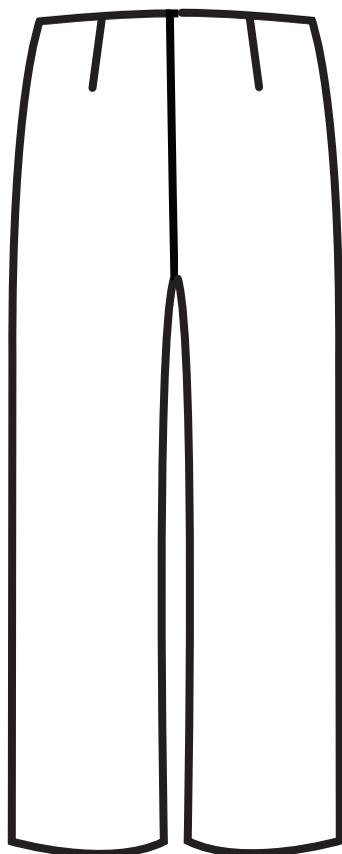


BELOW IS THE BACK VIEW OF PANTS.

BASED ON THE DIFFERENT FITS, WE WILL GET DIFFERENT ACCEPTABLE DRAG LINES.

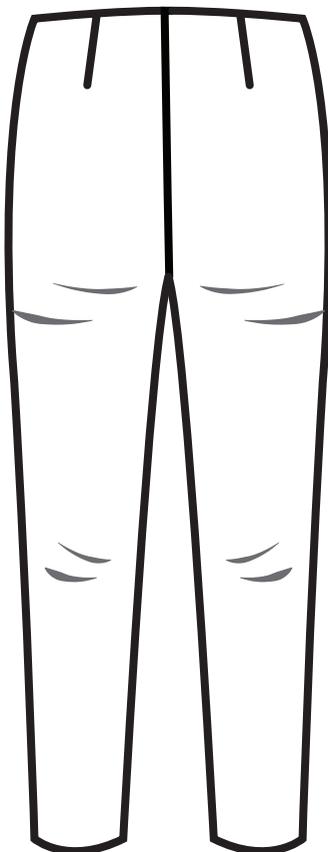
AS THE FIT BECOMES TIGHTER,

THE DRAGLINES APPEAR MORE DEFINED LIKE A CRISP LOOKING CREASE CLOSE TO THE SKIN.



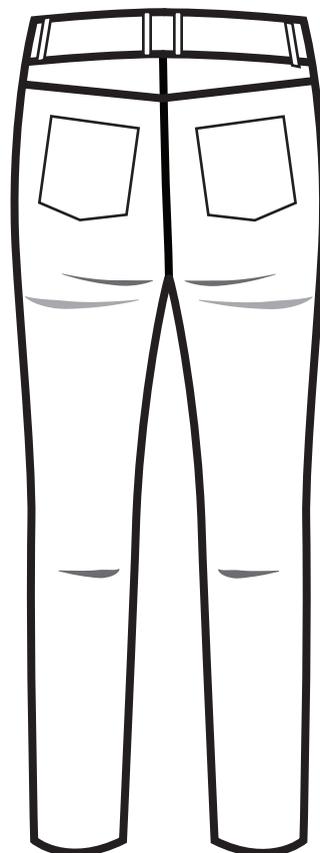
TROUSERS

(WE SHOULD STRIVE TO HAVE NO DRAGLINES IN THE BACK BECAUSE THE FABRIC IS NOT CUPPED UNDER THE BUM AREA. IT MEANS, THE FABRIC SHOULD BE ABLE TO DRAPE NICELY ALL THE WAY DOWN TO THE HEM.)



SLACKS

(WE WILL ALWAYS HAVE A LITTLE DRAG LINE UNDER THE BUM AREA AND LIKELY A LITTLE AT THE KNEES. THIS IS OK! WE NEED SOME FOR MOVEMENT IN ORDER TO LIFT THE LEG UP. YOU WANT TO MAKE SURE THE DRAG LINES ARE HORIZONTAL, NOT SLANTED OR DIAGONAL. THESE ARE HEALTHY DRAGLINES :)



JEANS

(YES, EVEN ON JEANS, YOU'LL HAVE A SOME DRAGLINES THAT GO STRAIGHT ACROSS HORIZONTALLY. THIS IS OK! WE NEED IT IN ORDER TO MOVE. THESE DRAG LINES ARE ACTUALLY THE SAME AS IN SLACKS, BUT MUST MORE DEFINED BECAUSE THEY ARE TIGHTER AGAINST THE SKIN. THEY OFTEN DON'T SHOW AS MUCH BECAUSE THEY ARE SNUG. THEY SHOULD NEVER BE DIAGONAL OR SLANTED, ONLY HORIZONTAL.)

Acceptable Drag Lines

Allow for movement of the leg.



WHEN ARE DRAGLINES NOT ACCEPTABLE?

YOU'LL SEE IN THE FOLLOWING PAGES WHICH TYPES OF DRAG LINES WE TRY TO ELIMINATE.

SOME FABRICS, BODY TYPES OR FITS WILL STILL HAVE DRAG LINES THAT CANNOT ALWAYS BE 100% ELIMINATED.

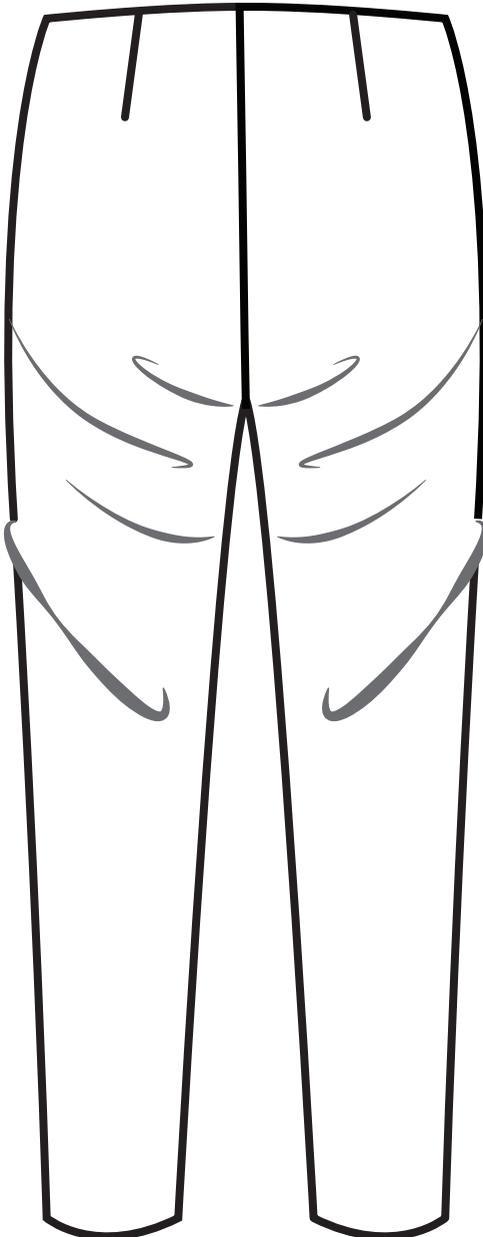
IN GENERAL, THE BACK DRAGLINES SHOULD NOT BE DIAGONAL OR SLANTED WHEN STANDING STRAIGHT. YOU WANT A HORIZONTAL DRAG LINE OR CREASE FOR A "HEALTHY DRAG LINE/ CREASE" AS SHOWN IN THE PREVIOUS PAGE.

***NOTE* AS YOU MOVE, THERE MAY BE DRAG LINES DIAGONALLY.**

6) Those Dreaded Back Drag Lines

A) IDENTIFY THE ISSUE

IF YOU HAVE BACK DRAG LINES THAT ARE DIAGONAL AND LOOK SOMETHING LIKE THIS, CHECK TO MAKE SURE YOUR PATTERN IS BALANCED FIRST! REFER TO PAGE 4. AFTER IT'S BALANCED, YOU WILL FOLLOW THIS CORRECTION ON THE FOLLOWING 3 PAGES. NOTE, THESE DRAGLINES CAN STILL HAPPEN ON BALANCED PATTERNS, IT DEPENDS ON FABRICS AND BODY TYPES. EVEN IF YOU DON'T HAVE THIS MANY DRAG LINES, ONLY SOME THAT APPEAR LIKE THIS, FOLLOW THIS CORRECTION.



6) Those Dreaded Back Drag Lines

B) PINNING THE PROBLEM



BEGIN PINNING THE CENTER BACK UP CLOSE TO THE WAISTLINE AREA. YOU WILL PIN ALL THE WAY AROUND TOWARDS THE FRONT UNTIL THE DRAG LINES DISAPPEAR ON THE SIDES.

THERE WILL BE A SLIGHT DRAG LINE IN THE BACK RISE CURVE AREA. YOU WILL THEN SAFETY PIN THE BACK RISE CURVE AS NEEDED IN ORDER TO ELIMINATE ANY OTHER DRAG LINES.

TRY TO SIT IN THE PANTS TO ENSURE YOU CAN STILL MOVE WELL. IN CASE YOU CAN'T MOVE WELL, YOU MAY NEED TO LOWER THE ENTIRE RISE A LITTLE. SEE THE NEXT PAGE FOR THAT PATTERN CORRECTION.



THIS SHOWS THE PINNED CORRECTION TO REDUCE THE DRAG LINES.

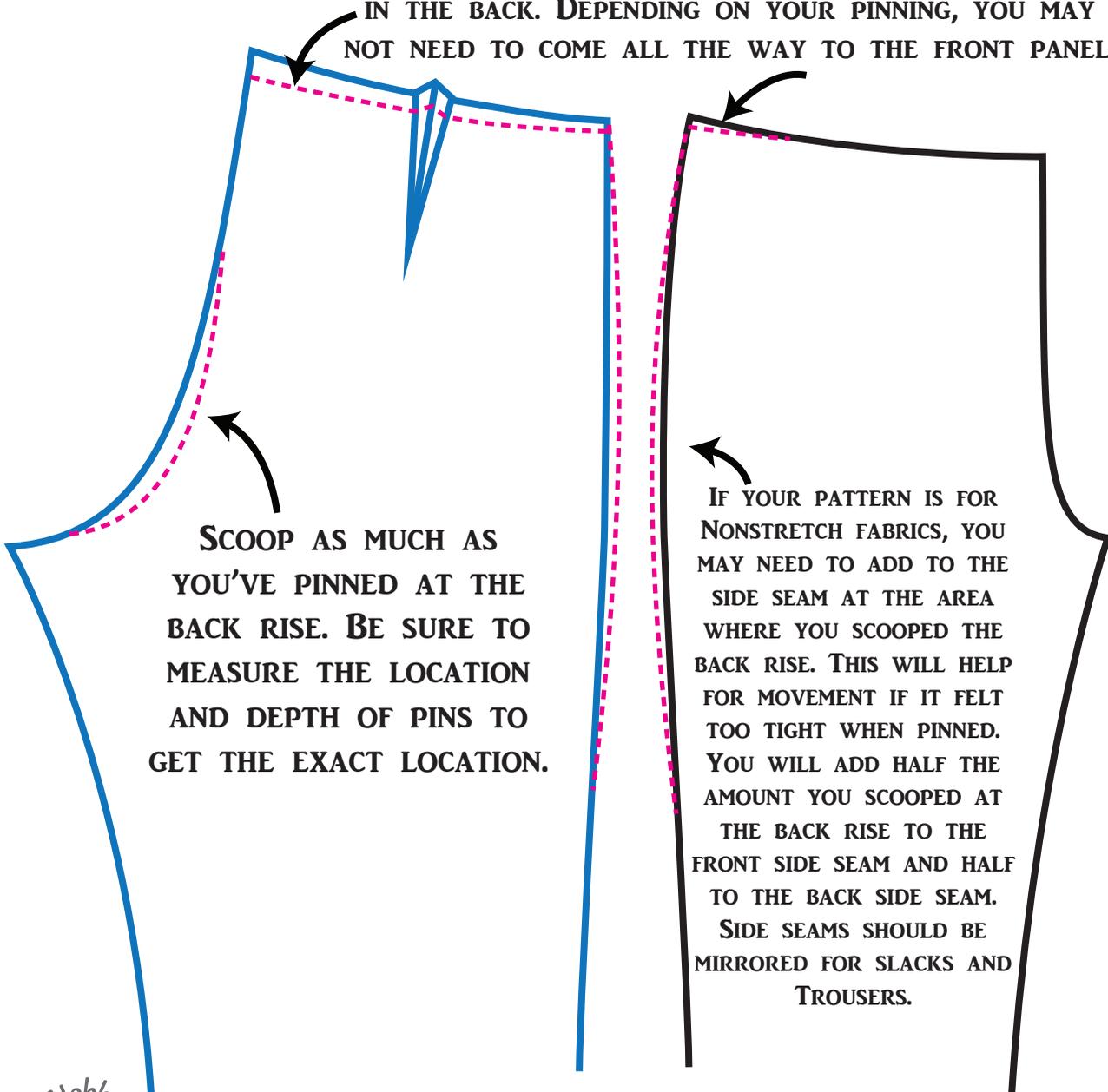
PIN UNTIL THE BAD DIAGONAL LINES ARE ELIMINATED.

6) Those Dreaded Back Drag Lines

C) CORRECTING THE PATTERN (PART 1)

“SCOOP” THE BACK RISE AND “PICK UP” THE BACK ALONG THE WAIST LINE.

MARK THE PATTERN EXACTLY HOW MUCH YOU’VE PINNED IN THE BACK. DEPENDING ON YOUR PINNING, YOU MAY NOT NEED TO COME ALL THE WAY TO THE FRONT PANEL.



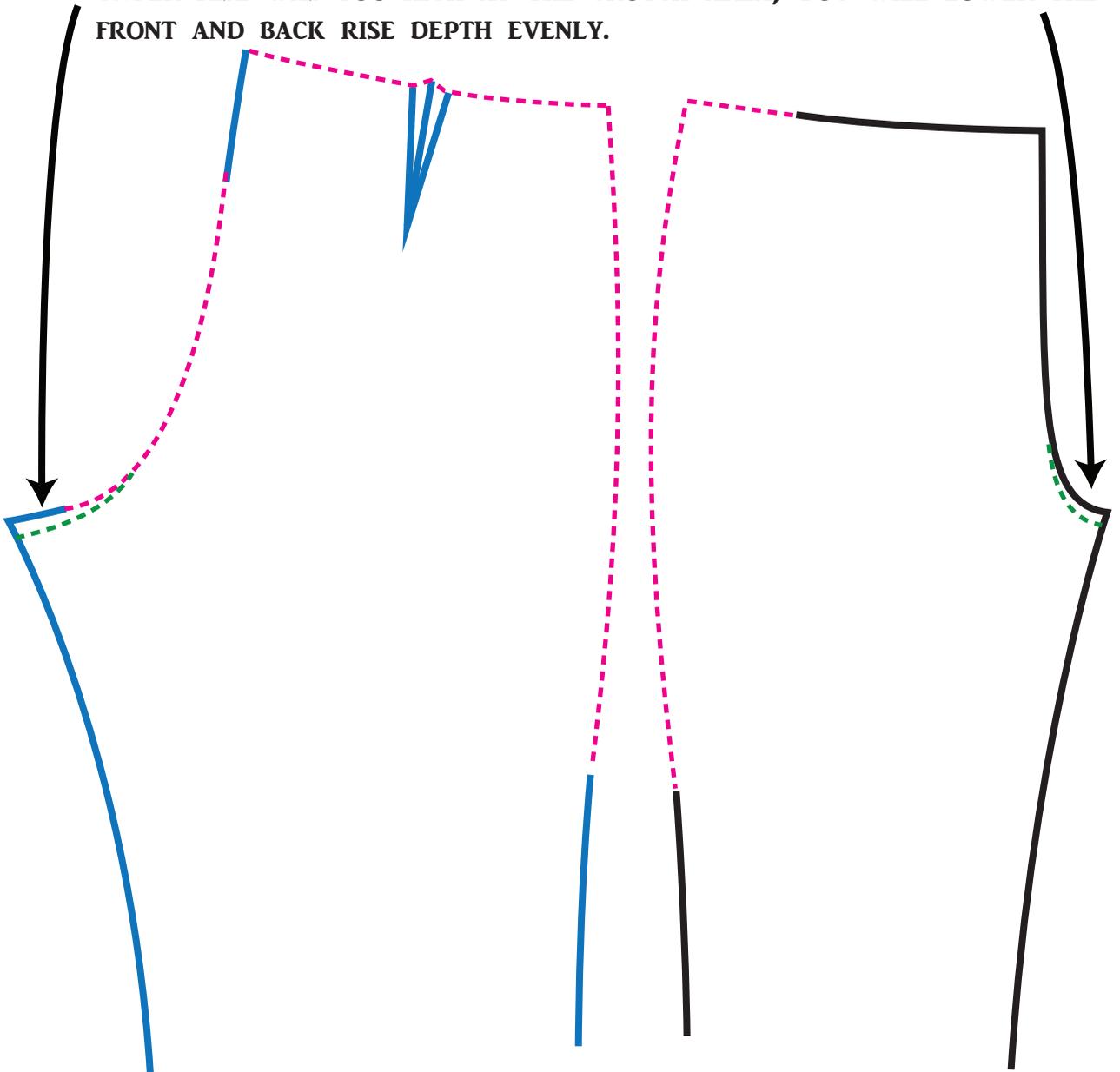
CORRECTION CONTINUED ON NEXT PAGE!

6) Those Dreaded Back Drag Lines

C) CORRECTING THE PATTERN (PART 2)

THIS IS AN OPTIONAL CORRECTION AND I DO THIS ON OCCASSION.
IT'S DEFINITELY NOT NEEDED EVERY TIME.

IF YOU SAT IN THE PANTS WHEN THEY WERE PINNED AND IT FELT LIKE THE UNDER RISE WAS TOO HIGH AT THE CROTCH AREA, YOU WILL LOWER THE FRONT AND BACK RISE DEPTH EVENLY.



LOWER THE SAME AMOUNT IN THE FRONT AND THE BACK TO KEEP THE BALANCE.

7) Those Excessive & Deep Back Crease Lines



A) IDENTIFY THE ISSUE

IF YOU HAVE BACK DRAG LINES THAT ARE VERY EXCESIVE UNDER THE BACKSIDE, BUT NOT TOO ANGLED/DIAGONAL, YOU CAN TRY THIS CORRECTION. THIS CORRECTION IS COMMONLY DONE FOR MORE FLAT BACKSIDES AND/OR A FORWARD TILTED PELVIS.



7) Those Excessive & Deep Back Crease Lines

B) PINNING THE PROBLEM



PIN THE BACK AREA UNDER THE BACKSIDE.

(YOU MAY CHOOSE TO USE SAFETY PINS.)

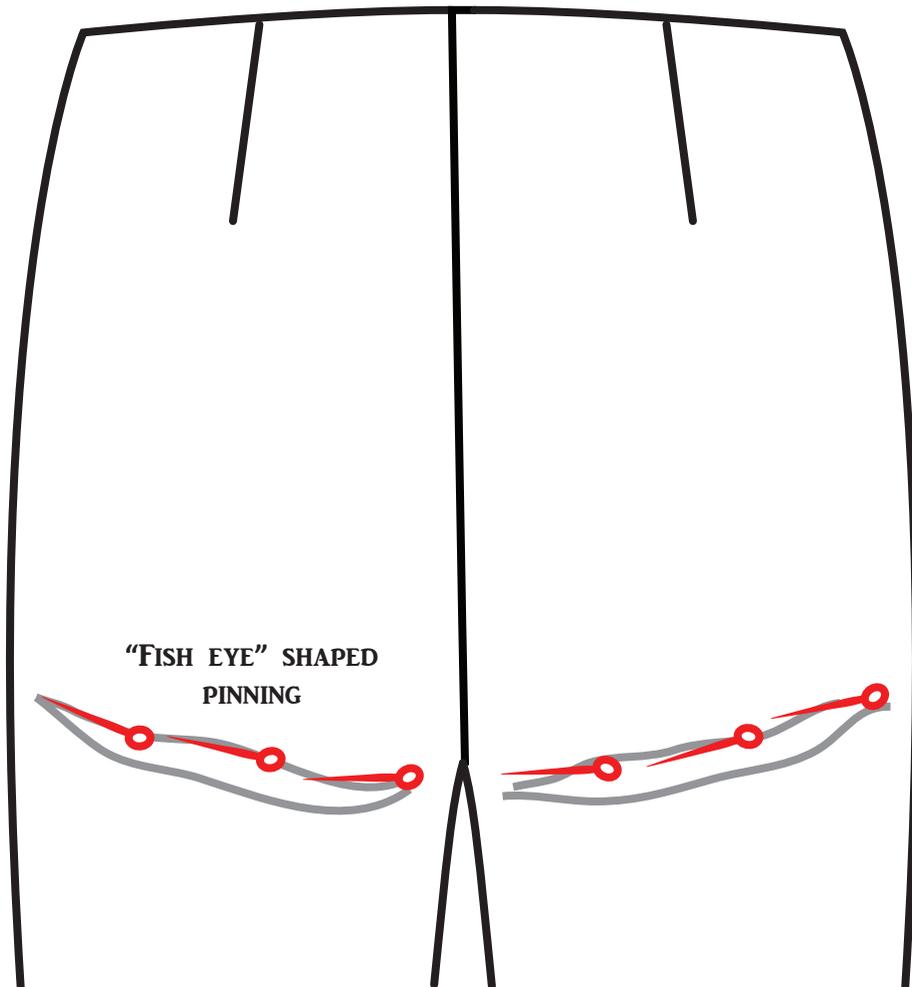
TRY TO SIT DOWN AND MOVE AROUND.

CAN YOU STILL SIT OK?

IF NOT, REDUCE THE AMOUNT YOU'VE PINNED AND TRY SITTING AGAIN.

WHEN YOU ARE HAPPY WITH THE RESULTS, GO TO THE PATTERN CORRECTION.

IF IT'S NOT COMFORTABLE SITTING, THEN YOU LIKELY NEED TO KEEP THE BACK CREASES/DRAW LINES FOR YOUR BODY OR FABRIC TYPE.

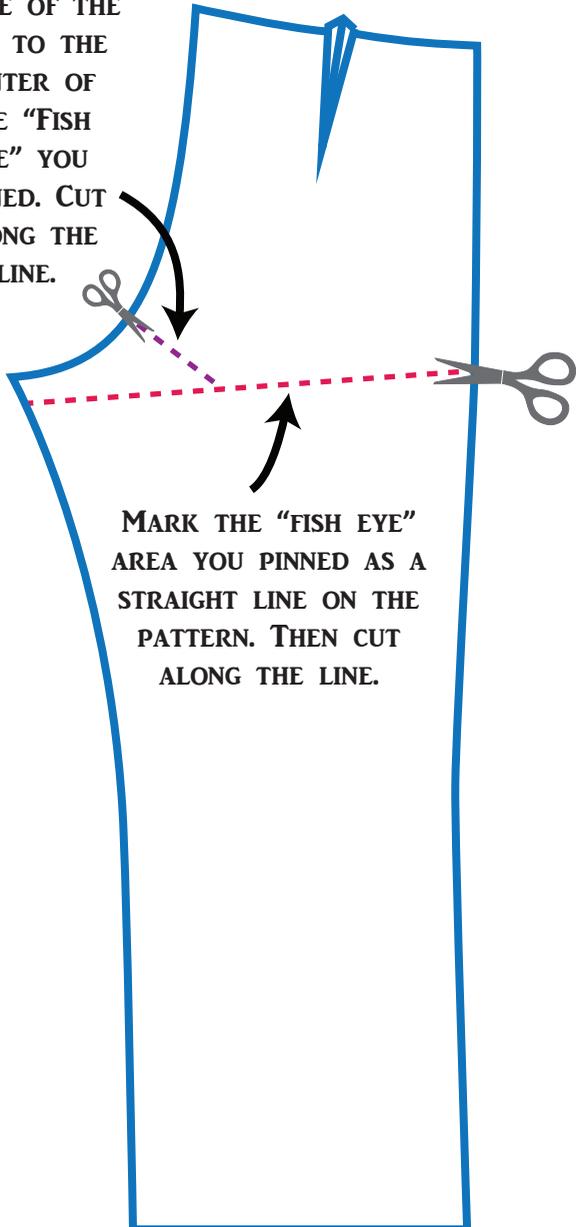


7) Those Excessive & Deep Back Crease Lines



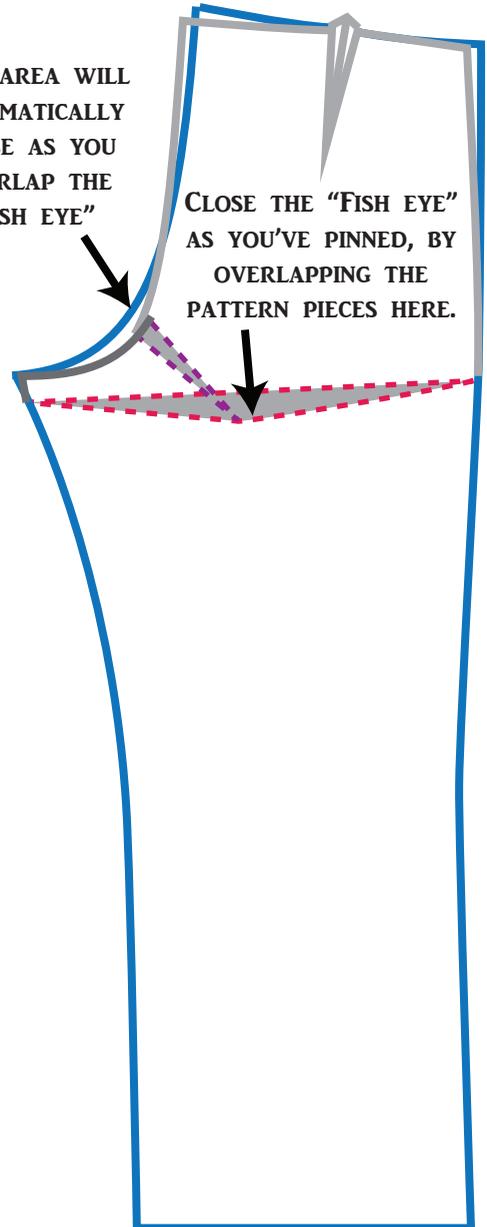
C) CORRECTING THE PATTERN

DRAW A STRAIGHT LINE FROM THE CURVE OF THE RISE TO THE CENTER OF THE "FISH EYE" YOU PINNED. CUT ALONG THE LINE.



MARK THE "FISH EYE" AREA YOU PINNED AS A STRAIGHT LINE ON THE PATTERN. THEN CUT ALONG THE LINE.

THIS AREA WILL AUTOMATICALLY CLOSE AS YOU OVERLAP THE "FISH EYE"



CLOSE THE "FISH EYE" AS YOU'VE PINNED, BY OVERLAPPING THE PATTERN PIECES HERE.

SMOOTH OUT THE RISE SEAM AT THE OVERLAP TO MAKE SURE IT'S A NICE AND CONTINUOUS CURVE. MAKE SURE ALL OTHER LINES ARE A NICE AND CONTINUOUS (TRUE THE LINES).

8) Oh, the Gaping! We've all had this at some point. Gaping at the back Waist

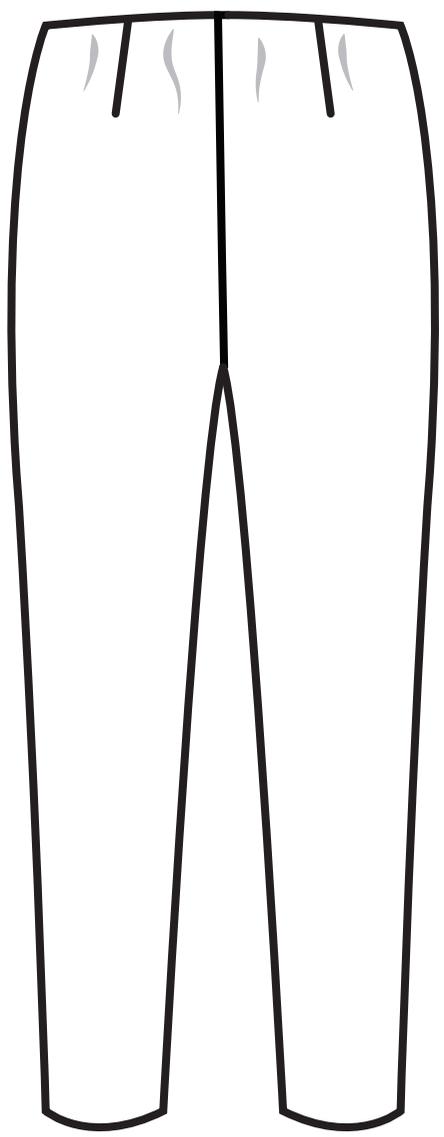
A) IDENTIFY THE ISSUE

THE PANT DOESN'T SIT NICELY AGAINST THE BACK WAIST WHILE STANDING AND/OR SITTING.

PROFILE VIEW



BACK VIEW



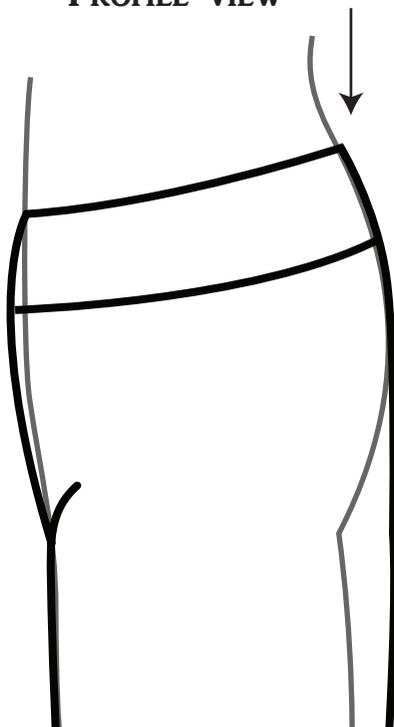
8)

Gaping at the back Waist

B) PINNING THE PROBLEM

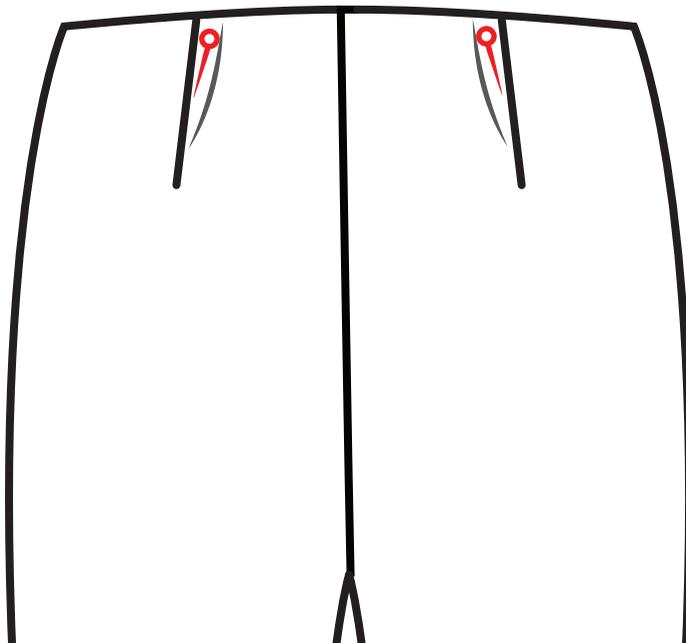
PIN THE BACK WAIST AREA UNTIL THE WAIST SITS NICELY AGAINST THE BODY. PIN IN THE AREA OF THE DART ON YOUR SAMPLE/ MUSLIN/ TOILLE, OR WHERE IT NEEDS IT ON YOUR STYLE. (OR THE WAISTBAND/YOKE ON YOUR STYLE PATTERN.)

PROFILE VIEW



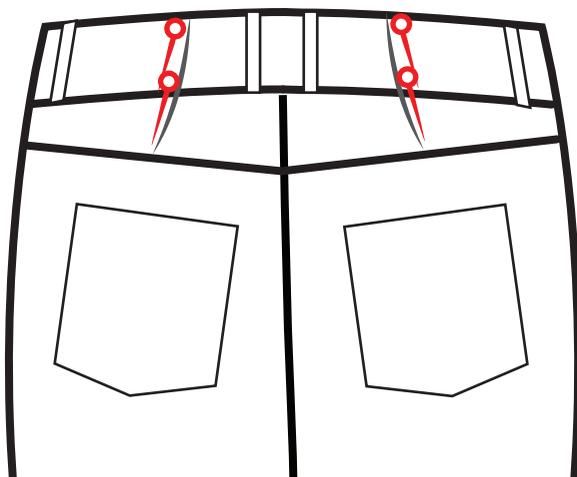
BACK VIEW

(SAMPLE/ MUSLIN/ TOILLE
OF YOUR BASE PATTERN/SLOPER/BLOCK)



BACK VIEW

(STYLE PATTERN)



8)

Gaping at the back Waist



C) CORRECTING THE (BASE/SLOPER) PATTERN

BACK VIEW (BASE PATTERN/SLOPER/BLOCK)

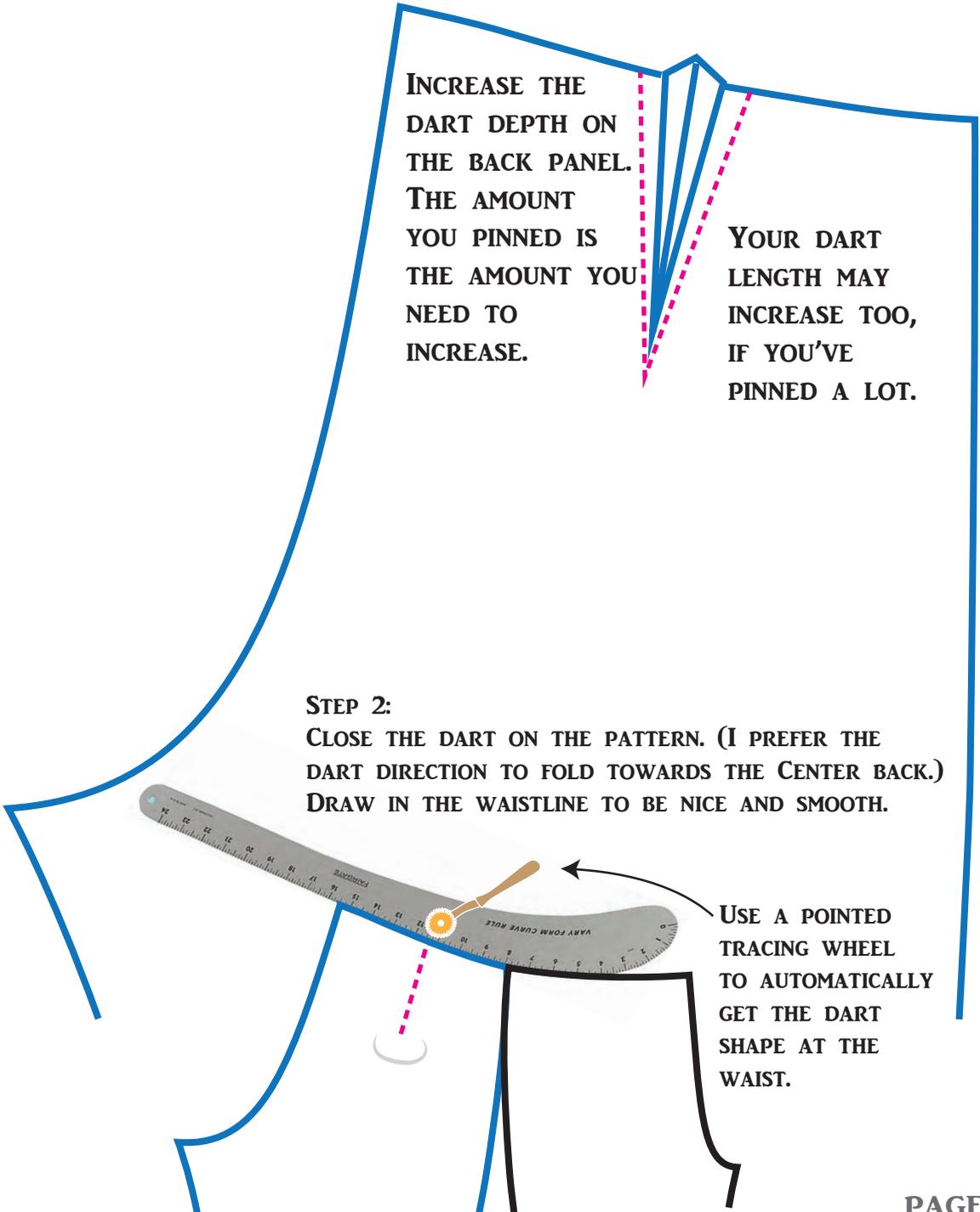
INCREASE THE DART DEPTH ON THE BACK PANEL. THE AMOUNT YOU PINNED IS THE AMOUNT YOU NEED TO INCREASE.

YOUR DART LENGTH MAY INCREASE TOO, IF YOU'VE PINNED A LOT.

STEP 2:

CLOSE THE DART ON THE PATTERN. (I PREFER THE DART DIRECTION TO FOLD TOWARDS THE CENTER BACK.)
DRAW IN THE WAISTLINE TO BE NICE AND SMOOTH.

USE A POINTED TRACING WHEEL TO AUTOMATICALLY GET THE DART SHAPE AT THE WAIST.



8)

Gaping at the back Waist

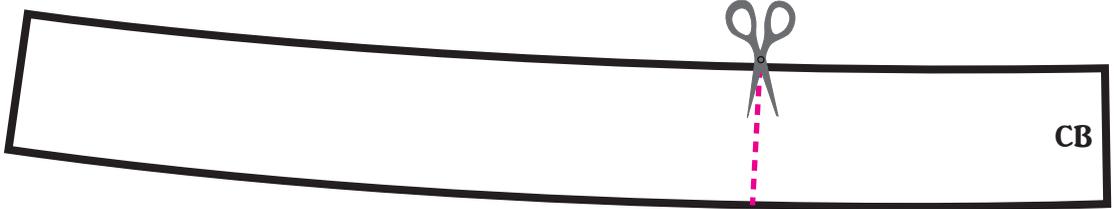


C) CORRECTING THE (STYLE) PATTERN

WAISTBAND ADJUSTMENTS

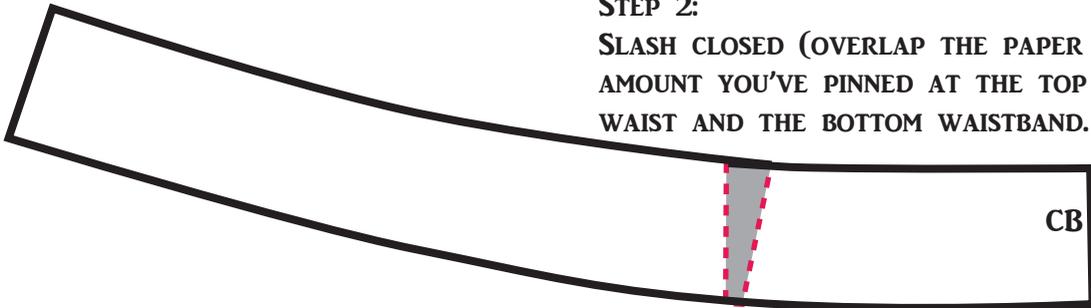
STEP 1:

DRAW A STRAIGHT LINE DOWN THE WAISTBAND, WHERE YOU PINNED AND CUT ALONG THE LINE.



STEP 2:

SLASH CLOSED (OVERLAP THE PAPER PATTERN) THE AMOUNT YOU'VE PINNED AT THE TOP EDGE OF THE WAIST AND THE BOTTOM WAISTBAND.



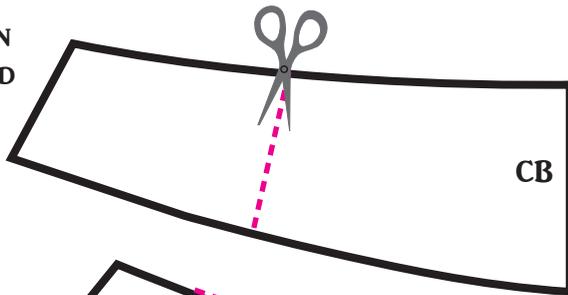
IN SOME CASES, YOU MAY GO TO ZERO (NO OVERLAP) AT THE BOTTOM OF THE WAISTBAND AND THAT COULD BE ALL YOU NEED FOR YOUR CORRECTION.

STEP 3: SMOOTH THE LINES WHERE YOU OVERLAPPED TO GET A CONTINUOUS CURVE (TRUE THE LINES)

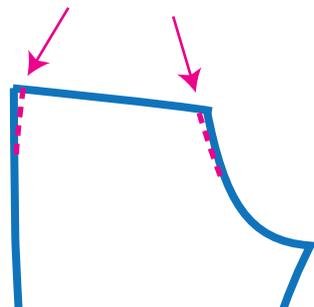
YOKE ADJUSTMENTS

STEP 4:

DRAW A STRAIGHT LINE DOWN THE YOKE, WHERE YOU PINNED AND CUT ALONG THE LINE.

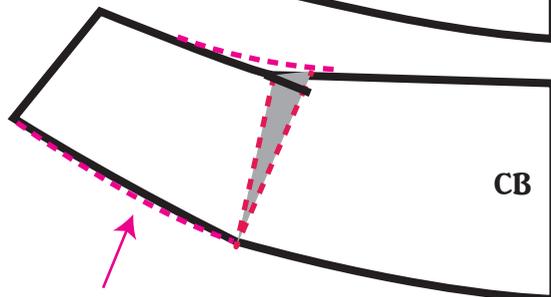


STEP 7: IF YOU'VE OVERLAPPED THE BOTTOM OF THE YOKE, REDUCE THE LEG PANEL AS NEEDED AT SIDE SEAM AND CB RISE TO FIT TO THE YOKE.



STEP 5:

SLASH CLOSED (OVERLAP THE PAPER PATTERN) THE AMOUNT YOU'VE PINNED AT THE TOP EDGE OF THE YOKE. IF YOU CAN GO TO ZERO AT THE BOTTOM OF THE YOKE, DO SO. IF NOT, SEE THE NEXT IMAGE.



STEP 6: SMOOTH THE LINES WHERE YOU OVERLAPPED TO GET A CONTINUOUS CURVE (TRUE THE LINES)

9)

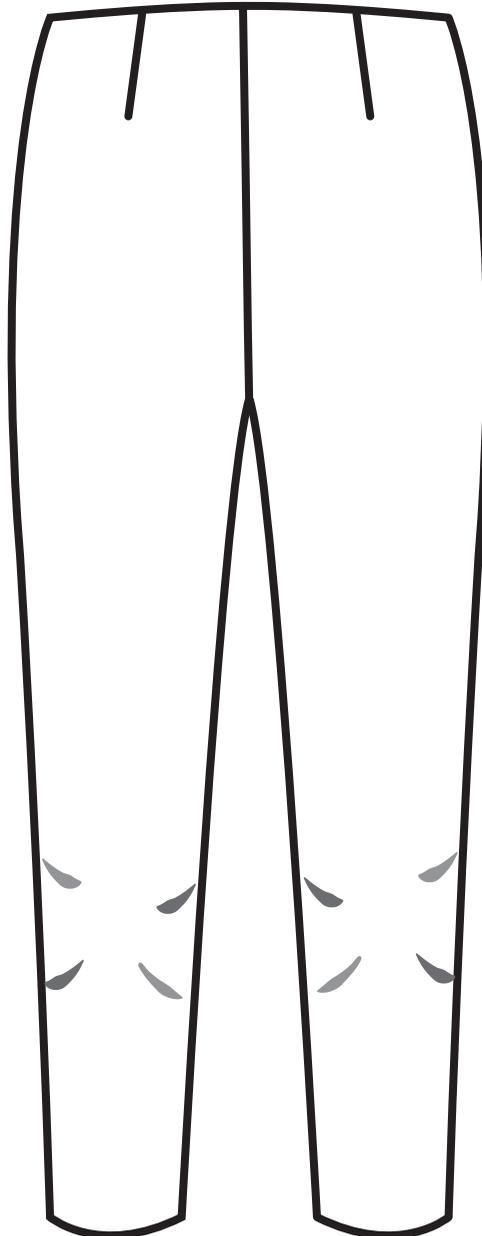
Larger Calf adjustment



A) IDENTIFY THE ISSUE

WHEN THE CALF IS JUST TOO SNUG! I ALWAYS HAVE THIS PROBLEM WITH READY-TO-WEAR ~ GOOD THING I MAKE MY OWN CLOTHES :)

BACK VIEW

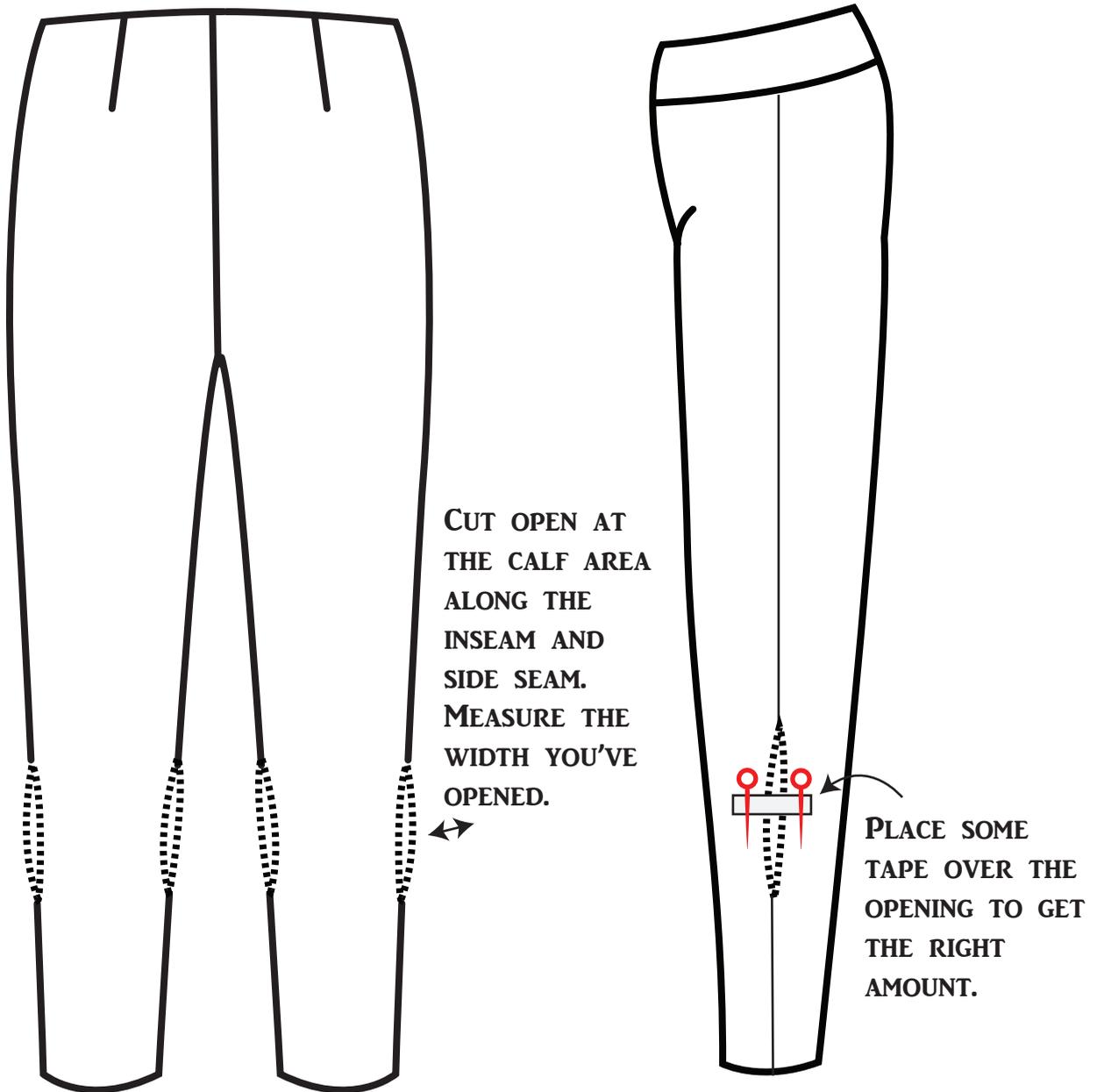


9)

Larger Calf adjustment

eat.
sleep.
sew.

B) CUTTING/OPENING THE PROBLEM AREA

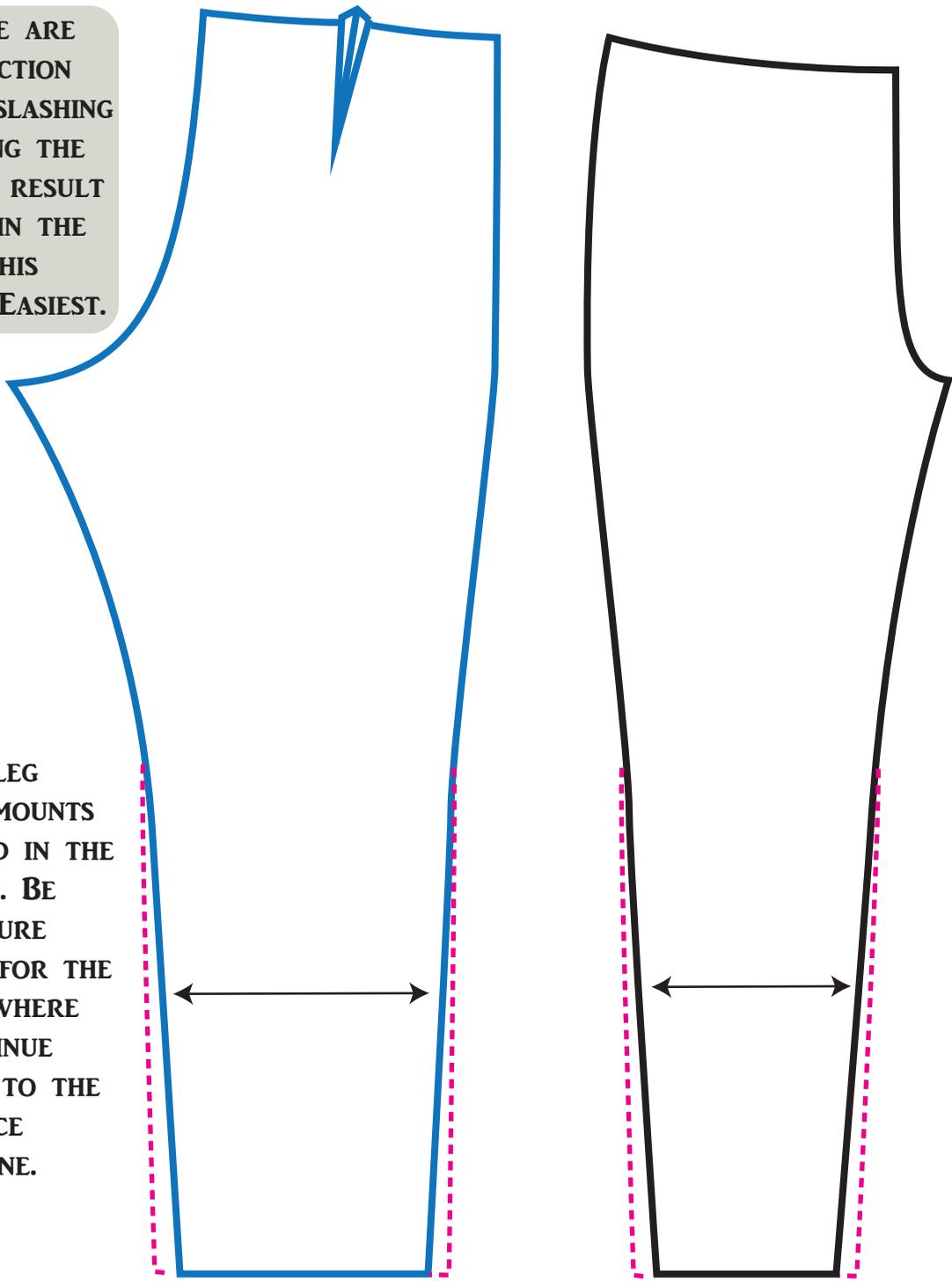


YOU WILL GIVE HALF OF THE MEASUREMENT TO THE FRONT PANEL AND THE OTHER HALF TO THE BACK PANEL ON THE PATTERN CORRECTION. FOR EXAMPLE, YOU IF OPEN UP THE LEG 1/2" AT THE INSEAM, YOU WOULD GIVE 1/4" TO THE FRONT LEG AND 1/4" TO THE BACK LEG ON THE INSEAM.

9) Larger Calf adjustment

C) CORRECTING THE (STYLE) PATTERN (OPTION 1)

NOTE THERE ARE OTHER CORRECTION METHODS OF SLASHING AND SPREADING THE LEG, BUT THE RESULT IS THE SAME IN THE END. I FIND THIS METHOD THE EASIEST.



GIVE TO THE LEG PANELS THE AMOUNTS YOU'VE OPENED IN THE PREVIOUS STEP. BE SURE TO MEASURE YOUR SAMPLE FOR THE LOCATION OF WHERE TO ADD. CONTINUE ALL THE WAY TO THE HEM FOR A NICE CONTINUOUS LINE.

WHEN YOU DON'T WANT THE BOTTOM OPENING TO BE BIGGER, YOU HAVE TO MAKE AN IRREGULAR SHAPE TO THE INSEAMS AND SIDE SEAMS. (SEE NEXT PAGE)

9)

Larger Calf adjustment

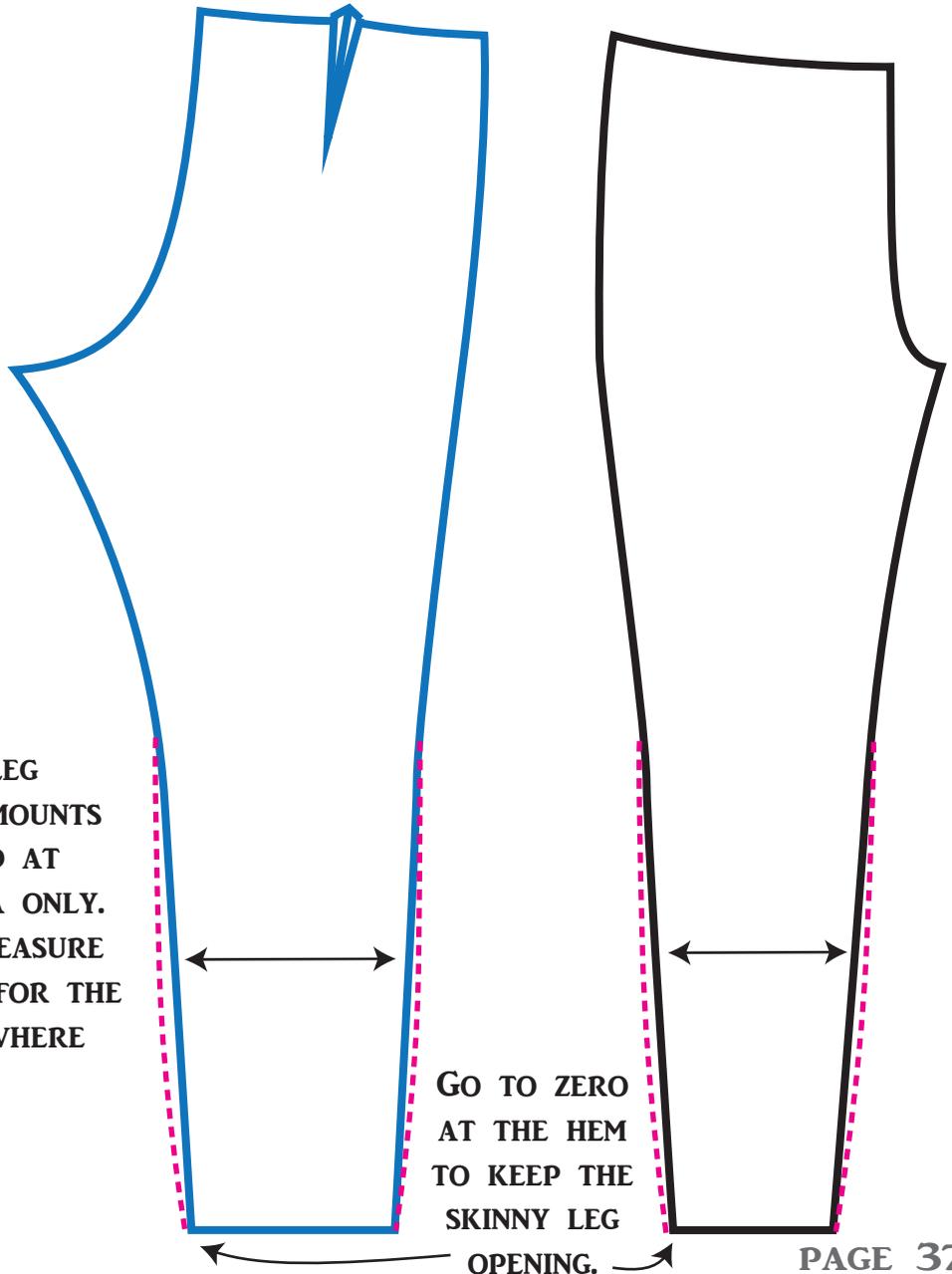
C) CORRECTING THE PATTERN SKINNY PANTS/JEANS (OPTION 2)

YOU NEED TO MASTER THE RULES BEFORE YOU BREAK THEM :)

I PREFER TO KEEP THE BOTTOM OPENING AS IS. THEREFORE, I AM BREAKING THE RULE OF HAVING A NICE STRAIGHTER LINE DOWN THE INSEAM AND SIDE SEAM.

I "CHEAT" A LITTLE AND GIVE JUST TO THE CALF AREA. THEN GO BACK TO ZERO AT THE HEM FOR SKINNY JEANS OR SLIM PANTS.

I DO HAVE VERY LARGE CALVES THOUGH :)



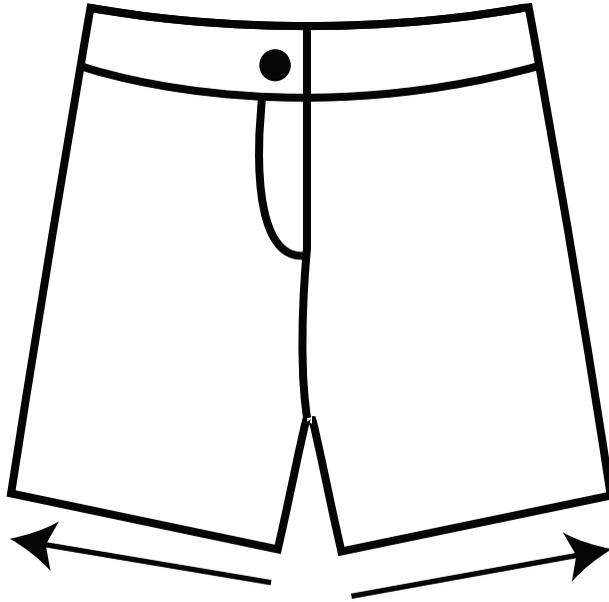
GIVE TO THE LEG PANELS THE AMOUNTS YOU'VE OPENED AT THE CALF AREA ONLY. BE SURE TO MEASURE YOUR SAMPLE FOR THE LOCATION OF WHERE TO ADD.

GO TO ZERO AT THE HEM TO KEEP THE SKINNY LEG OPENING.

10) Eliminating the Winged Leg Look

A) IDENTIFY THE ISSUE

THIS ISSUE MOST COMMONLY SHOWS UP IN SHORTS.
IT'S HARDER TO CATCH IN PANTS.



LEGS WING OUT AND HEMS ARE NOT HORIZONTAL.

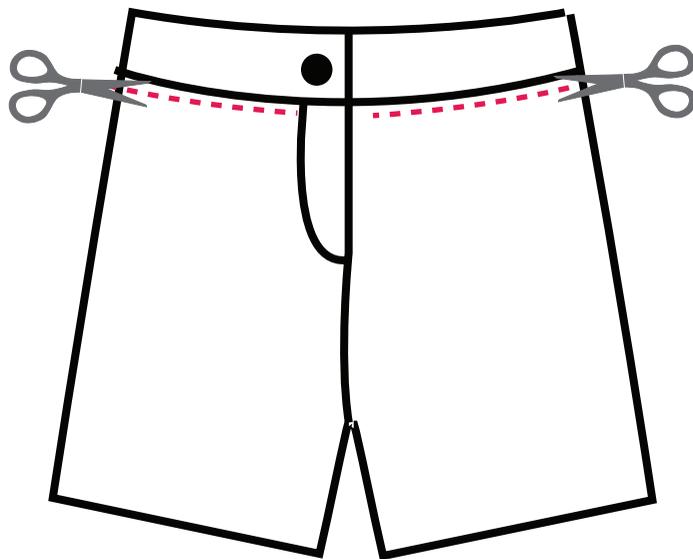


Wings are for Butterflies

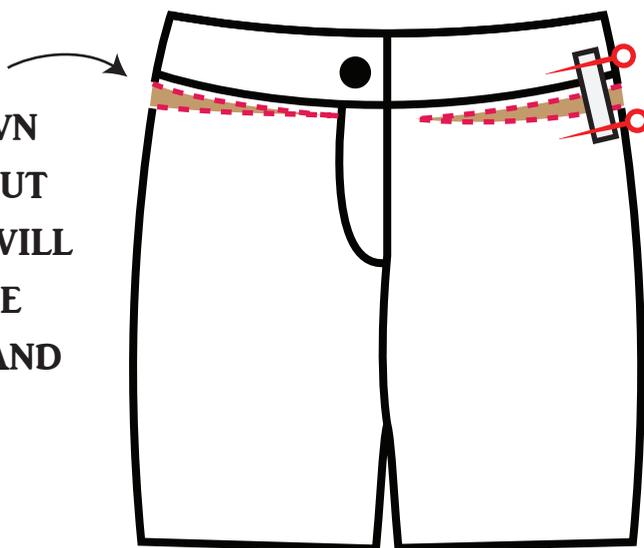
10) Eliminating the Winged Leg Look

B) CUTTING/OPENING THE PROBLEM AREA

CUT ALONG THE WAIST (BELOW THE WAISTBAND IF YOU'VE SEWN ONE, OR ABOUT 1" BELOW THE TOP EDGE OF THE WAIST.)



ALLOW THE SHORT TO "DROP" DOWN FROM THE CUT LINE. THIS WILL OPEN UP THE SIDE AREA AND EXPOSE THE SKIN.

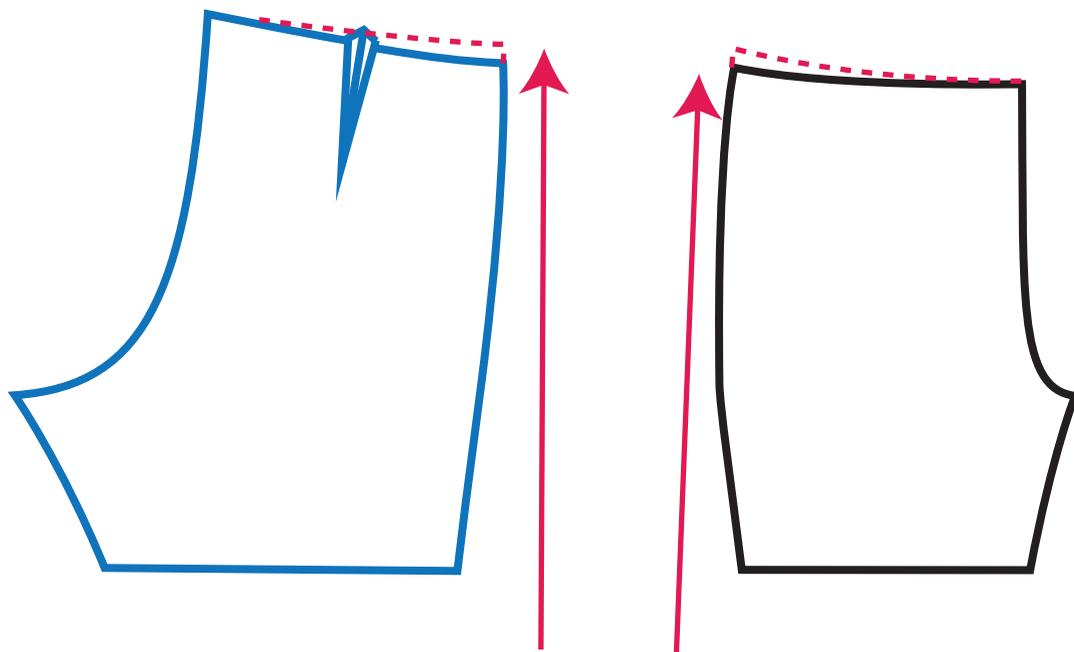


WHEN THE HEM BECOMES MORE HORIZONTAL, AND YOU ARE HAPPY WITH THE RESULT, TAPE THE AMOUNT IN PLACE. THEN MEASURE THE DISTANCES.

10) Eliminating the Winged Leg Look

C) CORRECTING THE PATTERN

EVEN THOUGH YOU'VE CUT BELOW THE WAISTLINE ON THE SAMPLE, YOU WILL AMEND THE PATTERN AT THE TOP WAIST EDGE.



AS MUCH AS YOU'VE SLASHED OPEN ON THE SAMPLE, ADD TO THE HEIGHT OF THE SIDE SEAM AT THE WAIST.

Design & Sew Clothes You Love That Fit.



Gina Renee

I ENJOY Creativity.
REALIZE HOW Talented I AM.
VALUE MY Unique CREATIONS.
AM Proud OF MY SEWING SKILLS.
CAN PASS ON SEWING Knowledge TO OTHERS.
CAN KEEP Hand-Crafted ITEMS FOR GENERATIONS.



Gina Renee

PROMOTES THE ART OF SEWING TO CREATE A MORE SUSTAINABLE AND CREATIVE WORLD

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PROUD
of my
CREATION

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