



Gina Renee Designs

## Tools List

(The list comprises paid affiliate links. You can click on the blue links below to see the items directly on Amazon. However, I suggest always supporting your local fabric store by purchasing items there.)

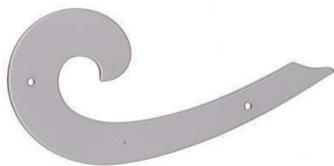
- [Clear grid ruler](#) – grid ruler 18" by 2" (inches) or in centimeters (45cm x 5cm) if you work in [Metric units](#). ([alternative item for out-of-stock items](#))



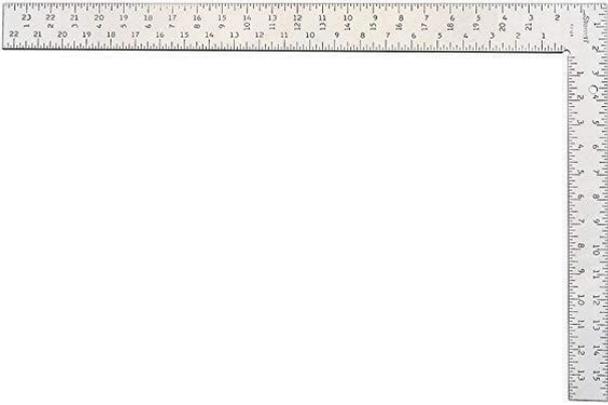
- [24" hip curve](#) – You can also use other curved rulers, but this is my favorite. The units of measure don't matter as we only use them for the curves, not for measuring.



- [French curve](#) (this image is hard to see on Amazon since the ruler is clear, you may need to zoom in) - You can also use other curved rulers, but this is my favorite for armholes and necklines.



[L square 24" by 16" \(Imperial\)](#) or Metric. You can also buy this from the hardware store and slightly different dimensions are fine (up/down 4").



[Tape measure](#) – You may want two tape measures to have one dedicated to measuring your body. Make sure your tape hasn't stretched out over time because, if it has, it will give you inaccurate results. Place your tape measure next to a grid ruler and see if the numbers still match. If they don't, you should get a new tape measure. When measuring, use either inches (Imperial) or centimeters (Metric) during the whole process.



[Fabric/Pattern Weights](#) – Any weights will work. You can also use small heavier items around your house if you don't have weights. Some people use heavy "O" rings from the hardware store or Fishing weights.



- Pointed tracing wheel** – This is helpful for darts, and you will use it throughout your pattern-making journey. It has sharp, pointed tips.



- Standard patternmaking tools and supplies like straight pins, safety pins, markers, pencils, pencil sharpener, eraser, paper scissors, letter or A4 paper, and colored pencils (optional).

## Supplies List

- Small white multi-purpose labels** are Essential for the GRD Method for measuring your body and will greatly improve accuracy. Please be sure to buy the best quality you can find.! You can get them at an office supply store, craft store, or online. Size: 1/2" x 3/4" (metric: 1cm x 2cm)

Alternatively, some students suggested using white medical tape instead of the labels; then, they marked directly on the medical tape. I prefer the labels, but you need to find what works best.



- 3/8" (1cm) wide ribbon** – 5 meters/ 5 yards (to connect to your tape measure for measuring your body)



**3/8" inch Elastic (1cm)** – 5 meters/ 5 yards elastic (used for measuring your body and will significantly improve accuracy) (**alternative item for out-of-stock items**) (1/4" (6 mm) or 1/2" (1.3 mm) are also acceptable.



A random item you'll need is a chain necklace. You can use any necklace you already have. This is used for determining the high point shoulder while measuring your body.

**Matte finish magic tape** – scotch tape (This is great, so your pencil will write on it. Shiny tape doesn't allow pencil writing.)



For measuring and fitting, you'll need two mirrors. If you don't have a two or tri-fold mirror, you will need a hand-held mirror and a more full-size mirror to see the back of your body/garment.

For reference, you'll be measuring garments from your wardrobe that you wear constantly. These could be garments that you've sewn or garments that you've purchased. You'll need at least six garments: 2 knit tops, 2 woven tops (one of them preferably with long sleeves), and 2 dresses (with or without darts or design lines). Each group of garments should have a tighter and looser version according to your liking, so look for your favorite slim- and regular-fitted garments. You will not be cutting any garments; they're just for reference.

The course includes a knit garment sewing pattern for a regular-fitted tee shirt which you will print out on A4/Letter paper (or A0 copyshop printing). I will walk you through the pattern adjustment steps. If you want to sew your tee-shirt sample, you will need a knit fabric (recommended jersey or interlock with a minimum of 25% stretch). Though the course does not require you to sew up this garment, you may want to in order to check your progress in your ease standards.

Yardage needed:

~ for long sleeve version = 1 2/3 yards (1.5 meters)

~ for 3/4 sleeve version = 1 1/2 yard (1.4 meters)

~ for short sleeve version = 1 1/8 yard (1.1 meters)

If you are cutting sizes 24-30, add 1/8 yard (12 cm) to the above amounts.

You may use any woven blouse and dress patterns for the latter part of the course. I show the steps with a button-up woven blouse pattern with sleeves and a princess-seamed dress, but I want you to try the process with your pattern selection. I highly suggest that you choose your own patterns to dial in the process. If you choose to sew up the blouses and dresses, you will also need fabrics and trims for them. The cutting/sewing/fitting of the garments will take you longer to complete the course than the original module time schedule. The general focus of the course is to master your garment ease standards; it's not focused on sewing.

This is everything for the MUST-HAVE items!

## Optional Tools/supplies

Below are OPTIONAL tools and Supplies!

Here's a great [sewing pattern tool kit](#) with the rulers, curves, awl, sharp tracing wheel, notcher, tape measure, Pattern hangers, and several additional items. If you want this set, it's an excellent kit for pattern tools. It doesn't include everything you'll need, like the supplies. Please review the comprehensive list above for all items.



[Mini level/spirit level](#) (This is OPTIONAL, to make sure your elastic/rulers are parallel to the floor when measuring yourself)

[Pattern Making Paper](#) – This is optional if you would like to trace the patterns. Alternatively, you can use regular paper for many pattern corrections.

When it comes to pattern paper, I prefer heavier craft paper such as this. This is totally up to you what weight you want to work with—however, many people like the thinner paper for tracing through, like this [Bienfang paper](#).



[Notcher](#) (You can also use scissors)



[Awl](#) (You can also use the point of scissors)



As an Amazon Associate, I earn small commissions from qualifying purchases. The tools are all items I've used and highly recommend in your patternmaking journey.