

# Gina Renee Designs

FASHIONABLE SEWING PATTERNS

## Invisible or Blind Hem Tutorial

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THERE ARE SO MANY OPTIONS WITH SEWING!

HERE ARE DIFFERENT WAYS OF MAKING AN INVISIBLE/BLIND HEM STITCH:

PAGE 1 = WOVENS (NON-STRETCH) FABRICS BY HAND

PAGE 2 = KNITS/STRETCH FABRICS BY HAND

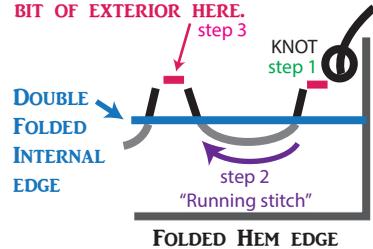
PAGE 3 = KNITS/WOVENS WITH THE MACHINE

### WOVEN (NON-STRETCH) FABRICS, HAND SEWING:

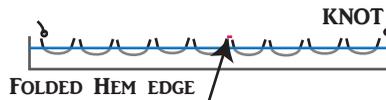
THIS IS A INVISIBLE/BLIND HEM FOR WOVENS OR NON-STRETCH FABRICS. I HIDE THE "RUNNING STITCH" IN THE DOUBLE FOLDED EDGE FOR A CLEANER LOOK.

#### INTERIOR VIEW OF HEM

PICK UP JUST THE SLIGHTEST BIT OF EXTERIOR HERE.



#### INTERIOR VIEW OF HEM



PICK UP JUST THE SLIGHTEST BIT OF EXTERIOR OF THE ITEM.

#### EXTERIOR VIEW OF HEM



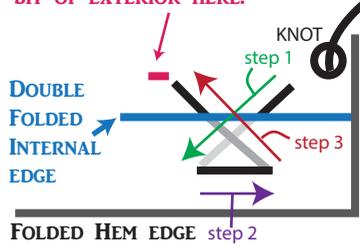


## KNIT FABRICS OR FABRICS WITH STRETCH, HAND SEWING:

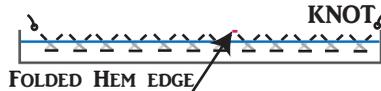
THIS IS A INVISIBLE/BLIND HEM FOR KNITS. IT'S A SPECIAL STITCH TO ALLOW THE FABRIC TO STRETCH A LITTLE. BY GOING FORWARD FIRST, THEN BACK ONE STITCH, IT ALLOWS THE FABRIC TO STRETCH. I SUGGEST THIS FOR KNITS WHEN YOU REALLY DON'T WANT THE STITCH TO SHOW ON THE EXTERIOR OF THE GARMENT. IF YOU USE A KNIT THAT IS VERY DRAPEY/SLINKY, IT'S NOT THE BEST FOR THOSE FABRICS. IT WORKS BEST FOR KNITS THAT HAVE MORE BODY/FULLNESS LIKE A MID OR HEAVIER WEIGHT KNIT.

### INTERIOR VIEW OF HEM

PICK UP JUST THE SLIGHTEST BIT OF EXTERIOR HERE.



### INTERIOR VIEW OF HEM

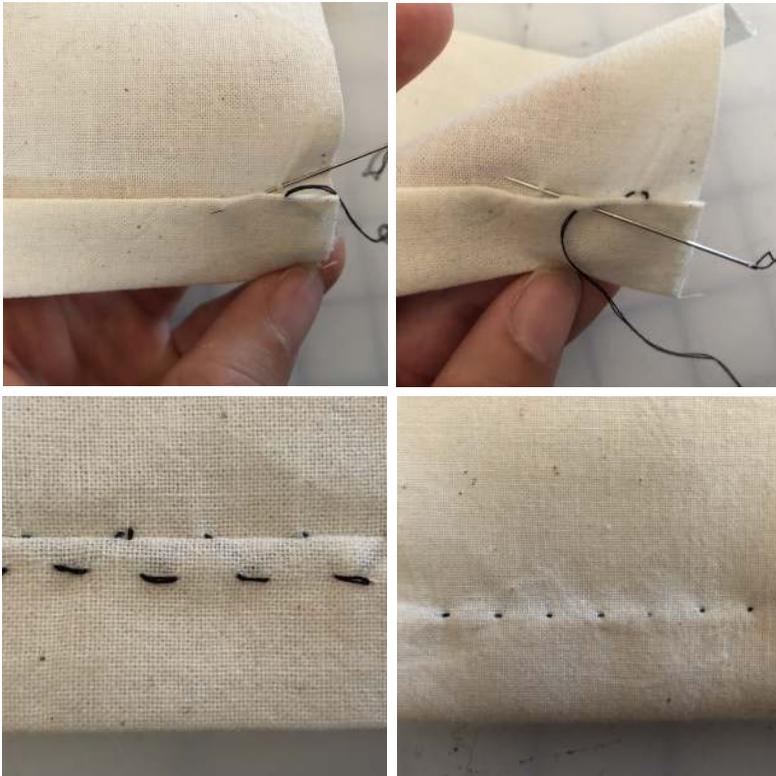


PICK UP JUST THE SLIGHTEST BIT OF EXTERIOR OF THE ITEM.

### EXTERIOR VIEW OF HEM



THESE IMAGES SHOWS A WOVEN FABRIC, JUST SO YOU CAN SEE THROUGH IT SLIGHTLY, TO SEE THE STITCHES. (THIS STITCH IS MEANT FOR KNIT FABRICS)



# KNIT OR WOVEN FABRICS, MACHINE:



YOUR FOOT MAY LOOK A LITTLE DIFFERENT. YOU ARE LOOKING FOR A PLASTIC GUIDE LIKE THIS. THIS SHOWS TWO EXAMPLES OF HOW DIFFERENT MACHINE FEET CAN LOOK (SINGER ON RIGHT, ELNA ON LEFT)

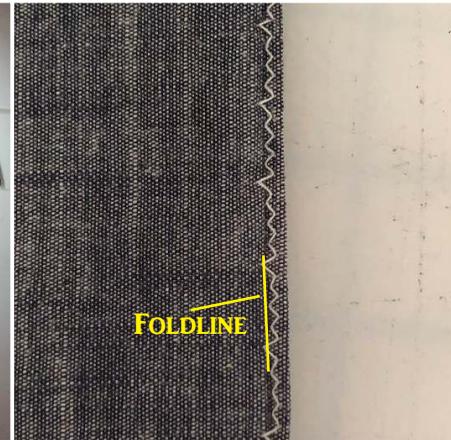


**STEP 1 (BELOW):** DOUBLE FOLD THE HEM AND PLACE PINS WITH THE PIN HEAD TOWARDS THE GARMENT.

**Step 3:** Turn the hem towards the under side, creating a fold. (You may want to do a test swatch first to check the stitch width and presser foot setting)

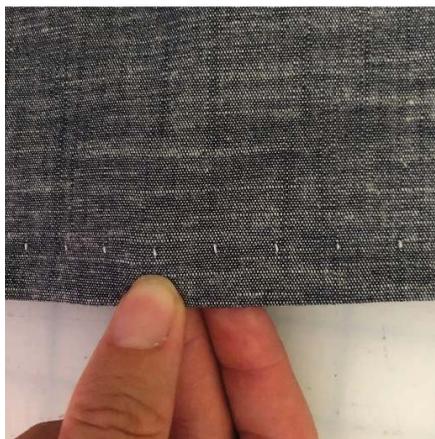


**Step 2:** Be Sure you've ironed the folded hem and pinned to desired length. Choose the blind hem presser foot and the blind hem stitch.



**Step 4:** This shows a closer image. You will align the fold with the plastic guide.

**Step 5:** This shows how the stitch will look. The larger zigzags will catch the fold. The small zig zags should not catch the folded edge.



**Step 6:** Unfold the hem and see the stitch on the outside. You will need to pull just a little to get the stitches and fabric to lay flat. Iron the hem well. (You'll use a matching thread color)

**TIP:** Analyze your test swatch stitch width and if the stitch shows too much, adjust the stitch width to be smaller or move the guide by turning the screw.