



Gina Renee Designs

MAKE CLOTHES YOU LOVE THAT FIT

Placing your Moulage on your Dress Form

(use #GRDMETHOD, #MOULAGE, #MAKINGAMOULAGE, & @GinaReneeDesigns on Instagram)

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Tools & Supplies

- STUFFING, BATTING, PADDING OR FOAM BASED ON HOW YOUR MOULAGE SITS
- PINS WITH A STANDARD FLAT HEAD
- 2 YARDS/METERS OF 1/4" (6MM) BINDING TO FINISH THE NECKLINE/ARMHOLE (OPTIONAL)
- OTHER THICK LAYERS LIKE FELT COULD BE USED IN SOME AREAS TOO.
- POSSIBLE BRA CUPS OR SHOULDER PADS MAY BE NEEDED
- ADJUSTABLE DRESS FORM/MANNEQUIN

CONGRATULATIONS! YOU'VE MADE IT TO THIS STAGE AND YOU'RE READY TO PLACE YOUR MOULAGE ON YOUR DRESS FORM. THIS TUTORIAL WALKS YOU THROUGH STEP BY STEP HOW TO PAD UP YOUR DRESS FORM IN ORDER TO FILL IN AREAS ON YOUR MOULAGE THAT ARE LOOSE. THIS METHOD MAINLY WORKS WITH ADJUSTABLE DRESS FORMS AND MAY BE DIFFICULT IF YOU CANNOT ADJUST YOUR DRESS FORM.

THE LOCATIONS OF WHERE YOU NEED TO ADD PADDING WILL LIKELY BE DIFFERENT FROM MINE. THIS GUIDE SHOWS YOU THE TECHNIQUE, BUT YOUR LOCATIONS OF PADDING MAY BE DIFFERENT. YOU COULD ALSO USE SHOULDER PADS, BRA CUPS, FELT LAYERS OR FOAM LAYERS. AT THE END, YOUR PADDING NEEDS TO BE VERY TIGHTLY FASTENED TO YOUR FORM AND NOT SO SOFT. YOU'LL NEED TO KEEP ADDING LAYERS AND BASTE THEM TOGETHER UNTIL YOU GET A NICE FIRMNESS.

IF YOU WOULD LIKE TO MAKE A DRESS FORM COMPLETELY FROM SCRATCH, NOT PADDING UP AN EXISTING DRESS FORM, YOU CAN FIND MANY STUFFING TUTORIALS ON YOUTUBE FOR THIS AND I DON'T COVER IT IN THIS BONUS. YOU'LL LIKELY WON'T WANT CB ZIPPER WHEN YOU GO THAT ROUTE AND YOU'LL NEED TO DO A LOT MORE "BUILDING" FOR A STAND/ARMHOLES, NECKLINE AND BASE. IT CERTAINLY CAN BE DONE!



Step 1: If you have a dress form with adjustable sizes, you can customize it with your moulage to help you get the perfect fit! This will guide you through the steps of customization.



Step 2: First, adjust your dress form to be slightly smaller than your moulage.



Step 3: Put your moulage on the dress form. Then, adjust the dress form as big as it will go to fill it in. Your moulage (like mine) might not fit the form well and be loose in some areas. Let's focus on the loose



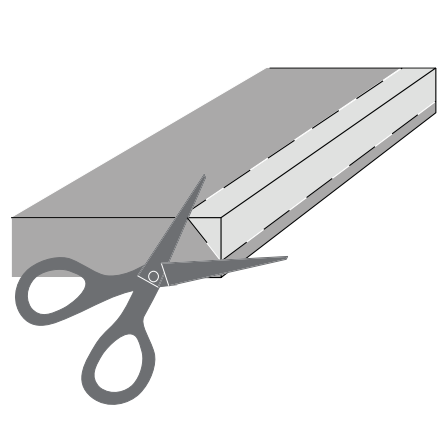
Step 4: Begin filling in the areas that are too loose between the mannequin and the moulage with felt, stuffing, or batting. For instance, my mannequin's shoulders were too low, so I needed to pad them to fit my moulage. Your loose areas may be different than mine.



Step 5: To pad my shoulders, I put down a layer of stuffing, then batting. If you need to fill out an area even more, I suggest thicker felt layers first. Begin pinning with flathead pins to keep the batting. If you want a firmer mannequin, use two to three times the number of pins shown in this photo



Step 6: Make sure the batting is really firmed up by adding as many layers, stitches and pins as needed (use more pins than shown in this photo)! After adding your batting layers, you will want to cut their edges at an angle to help smooth the transition from batting-layer to mannequin (see next step)



Step 7: Cut batting edges as shown to help smooth the layers. Do this any time you add batting to maintain a smooth silhouette under the moulage.



Step 8: Hand-sew batting layers together with a basting stitch. This will keep the layers together nicely, as you want them to be as firm as possible.



Step 9: Continue to layer batting pieces as needed to fill in the loose areas of the moulage. You'll need to try the moulage on the mannequin as you go to check your progress.



Step 10: Keep using pins as you go to keep the batting firm. If they layers don't look symmetrical, try to even them out. Once you've finished padding a section, cut off the excess sticking out past the mannequin.



Step 11: Continue filling in loose areas with the previous steps: layer stuffing, pin, and baste. You may not be able to fill in every loose area with batting. Don't worry! Just get it as close as you can.



Step 12: When you've finished padding the mannequin, mark & cut the seam allowances off the neckline and armholes of your moulage. Iron the armhole area, to shrink back the bias parts of the armhole.



Step 13: Sew on a pre-finished bias binding along the armhole and neckline. Slightly stretch your bias binding in the area of the upper armhole where the bias is. The neck & armholes should be clean finished.



Step 14: Put your moulage on the mannequin and begin padding/stuffing any areas that are still loose.



Step 15: At this stage, it's okay to leave this stuffing loose (i.e. without pins). This final layer is just to fill out the mannequin nicely and give a taut form to the moulage. You'll likely need to stuff a lot to aet it tight.



Step 16: At the end, your moulage should be snug but still zip up in the back.



Step 17: If you have any excess batting sticking out, you can trim it down or stuff it in. After seeing the moulage on the mannequin, you may decide you want it to be longer. To extend the moulage, just add a panel of a couple inches to the hem.



Step 18: To finish the moulage, you can add panels over the armholes (I sewed a brown fabric over mine to hide the stuffing layers). Now you're finished! YAY! You have a dress form that is perfect for your body. Great work! :)



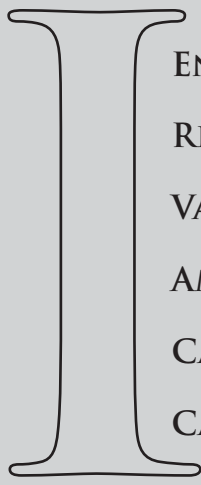
Your World of Fitting & Designing is now improved with your customized Dress Form!

PLEASE SHARE PHOTOS OF YOUR MOULAGE ON YOUR DRESS FORM OR AT ANY STAGE OF CREATING IT ON INSTAGRAM, FACEBOOK, AND PINTEREST.

DON'T FORGET TO TAG @GINARENEEDESIGNS

USING HASHTAGS #GRDMETHOD, #MOULAGE, #MAKINGAMOULAGE BY POSTING ON SOCIAL MEDIA, IT WILL HELP INSPIRE OTHERS TO ACHIEVE THEIR GOALS TOO (AND IT HELPS ME TREMENDOUSLY!)

**THANK YOU FOR JOINING ME IN THIS COURSE!
I HOPE TO SEE YOU AGAIN IN FUTURE COURSES :)**



ENJOY Creativity.
REALIZE HOW Talented I AM.
VALUE MY Unique CREATIONS.
AM Proud OF MY SEWING SKILLS.
CAN PASS ON SEWING Knowledge TO OTHERS.
CAN KEEP Hand-Crafted ITEMS FOR GENERATIONS.

Gina Renee Designs

PROMOTES THE ART OF SEWING TO CREATE A MORE SUSTAINABLE AND CREATIVE WORLD

